



# The INSIDER

An Independent Newspaper  
*For Wynmoor Residents*

VOL. 7 NO. 5

MAY 2023



If you would like to advertise your business in this publication,  
contact: the INSIDER 954-344-7667, or email: [wynmoorads@aol.com](mailto:wynmoorads@aol.com)  
We are Online! NEVER MISS AN ISSUE: [www.insidernewspaper.com](http://www.insidernewspaper.com)



**DIANA VASCONEZ**  
 561-251-7690

**OFFICE LOCATED INSIDE THE WYNMOOR CLUBHOUSE**



**SELL • BUY • RENT**

**RECORD HIGHEST SALE IN WYNMOOR \$ 338,000 !!**

**OUR REAL ESTATE OFFICE IS MOVING TO LYONS PLAZA, RIGHT ACROSS FROM WYNMOOR LYONS ROAD GATE. STAY TUNNED FOR OUR GRAND OPENING!.**

**BRAND NEW LISTINGS**

3303 ARUBA (1/1 WITH W/D)	\$ 125,500
3205 PORTOFINO (1/1.5)	\$ 152,900
3501 BIMINI (1/1.5 WITH W/D)	\$ 140,000
3402 BIMINI (1/1.5 WITH W/D)	\$ 129,900
2905 VICTORIA (1/1.5)	\$ 139,500
1901 BERMUDA	\$ 165,000
2101 LUCAYA (REMODELED/LAKE VIEW)	\$ 234,000
2004 GRANADA (CORNER)	\$ 249,000
2001 GRANADA (UPDATED)	\$ 187,000
2102 LUCAYA (UPDATED)	\$ 219,000
2403 ANTIGUA (REMODELED)	\$ 285,500
1905 BERMUDA (CORNER)	\$ 179,000
1703 ANDROS	\$ 219,900
<del>1502 CAYMAN</del>	<del>SOLD \$ 210,000</del>
<del>2004 GRANADA</del>	<del>SOLD \$ 209,900</del>
<del>4301 MARTINIQUE</del>	<del>SOLD \$ 229,500</del>
<del>1501 CAYMAN</del>	<del>SOLD \$ 299,000</del>
<del>2003 GRANADA</del>	<del>SOLD \$ 240,000</del>
<del>3502 BIMINI</del>	<del>SOLD \$ 240,000</del>
<del>2301 LUCAYA</del>	<del>SOLD \$ 299,900</del>
<del>2101 LUCAYA</del>	<del>SOLD \$ 169,900</del>

**MULTI MILLION DOLLAR SELLING AGENT/ SELECTED TOP AGENT IN WYNMOOR. 14 YEARS WORKING IN WYNMOOR AND PROVIDING EXCELLENT SERVICE.**

I HAVE BUYERS LOOKING FOR SPECIFIC MODELS. SOLD MOST OF THE INVENTORY. CALL ME IF YOU WANT TO LIST YOUR CONDO AND SELL IT. WE ALSO NEED SEASONAL CONDOS. WE HAVE A WAITING LIST OF PEOPLE LOOKING TO RENT FOR THE SEASON.

**SERVICES OFFERED**

- FREE PROFESSIONAL PICTURES
- FREE VIRTUAL STAGE
- FREE ADVERTISING TO WYNMOOR MAGAZINE + NEWSPAPER + ALL REAL ESTATE WEBSITES. ASK FOR THE JACKPOT PROMOTION.



**DIANA VASCONEZ**

diana@wynmoorvillage.com



**WYNMOOR REAL ESTATE, LLC**

(INSIDE THE CLUBHOUSE)  
 1310 Avenue of the Stars  
 Coconut Creek, FL 33066



**561-251-7690**



**Wendy Peck**  
Daughter  
**Cheryl Stein**  
Mother

OUR OFFICE IS LOCATED IN WYNMOOR

## The Wynmoor Mother-Daughter Team

**RE/MAX HALL OF FAME AWARD WINNING  
#1 WYNMOOR REAL ESTATE TEAM**

### OFFERED FOR SALE

#### 2 BEDROOMS / 2 BATHROOMS

2501 Antigua • PENTHOUSE, Updated Kitchen, A/C from 2021	\$179,000
3101 Portofino • PENTHOUSE, Remodeled	TBD
2803 Victoria • PENTHOUSE, Updated Kitchen & Baths, Shower in Both Baths	\$215,000

#### 2 BEDROOMS / 2 BATHROOMS - INSIDE W/D

3305 Aruba • Unfurnished, Tile, Glass Encl. Patio, Walk to Pool	\$207,000
3502 Bimini • Furnished, Original Owner	\$193,000
1501 Cayman • PENTHOUSE, Impact Win/Door, All Tile, Furnished	\$239,000
1804 Eleuthera • PENTHOUSE, Wonderful View	\$189,900

#### 2 BEDROOMS / 2 BATHROOMS - CORNER

1701 Andros • "Evergreen", Water View, 1550 sf Under Air	\$229,000
1904 Bermuda • Panoramic Wide Water View, No Carpet	\$235,000
1905 Bermuda • Water View, Just Painted, Priced For Quick Sale	\$169,000
2004 Granada • Updated Kitchen, Furnished, Turn Key	\$229,000
2903 Victoria • <i>It's Like Having A Private Home on the Lake</i> , Updated, Furnished	\$249,000

#### 1 BEDROOM / 1.5 BATHROOMS

2903 Victoria • Water/Golf View, Updated, No Carpet, Glass Encl.	\$139,000
--	-----------



### RENTAL - ANNUAL

#### 2 BEDROOMS / 2 BATHROOMS

2901 Victoria  
Ground Floor, No Carpets  
\$1,800/mo

**READY TO RENT OUT  
YOUR APT FOR NEXT  
SEASON?  
CALL US TODAY!**

**CHERYL HAS BEEN SELLING REAL ESTATE IN SOUTH FLORIDA 39 YEARS  
WYNMOOR RESIDENT REALTOR® SINCE 2005, 18 YEARS**

*Don't Make A Move Without Me Or My Daughter Wendy!*

Mother **Cheryl Stein**  
**WynmoorRealtor@gmail.com**  
**954-675-3700**

Daughter **Wendy Peck**  
**WendyPeckRealtor@att.net**  
**954-695-1131**

**www.WynmoorCountryClub.com**

**RE/MAX  
DIRECT**

OUR HONORS: RE/MAX 100% Club 2022, RE/MAX Hall of Fame,  
2022 RE/MAX Executive Club Award for Outstanding Performance  
Award-Winning Multi-Million Dollar Producer in Wynmoor

WYNMOOR HOME BASED BUSINESS  
4701 MARTINIQUE DR C4  
LICENSE ID 1700000107

# The INSIDER

P.O. BOX 670876  
CORAL SPRINGS, FL 33067  
Ph: (954) 344-7667

Email: [floridanewsbulletin@gmail.com](mailto:floridanewsbulletin@gmail.com)  
Email: [wynmoorads@aol.com](mailto:wynmoorads@aol.com)  
Website: [insidernewspaper.com](http://insidernewspaper.com)

Published monthly by Florida News Bureau, the INSIDER, is distributed free to Wynmoor Village, Coconut Creek, FL 33066. Materials submitted for publication may be placed in the box reserved for the INSIDER located in the Wynmoor Business Center, in the Clubhouse. Articles submitted in the box must be typed double spaced (upper and lower case), or legibly printed, signed and include the author's address and phone number (for office use only). The deadline for written articles, letters and classified ads is 12:00 Noon, on the 10th day of each month, preceding an issue.

Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: [wynmoorads@aol.com](mailto:wynmoorads@aol.com)**

We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted materials become the property of Florida News Bureau and will not be returned. Florida News Bureau is not responsible, and assumes no liability for the content expressed in any contributed material.

**FLORIDA NEWS BUREAU**  
PO BOX 670876  
Coral Springs, FL 33067  
[floridanewsbulletin@gmail.com](mailto:floridanewsbulletin@gmail.com)

**WEBSITE: ON-LINE NEWSPAPER**  
[www.insidernewspaper.com](http://www.insidernewspaper.com)

**EDITOR-IN-CHIEF**  
*Linda Kryshka*

**ASSISTANT EDITOR**  
*Rose Webster*

**GRAPHIC DESIGN**  
*Copy Design Group*  
[wynmoorads@aol.com](mailto:wynmoorads@aol.com)

## For Display Advertising

Telephone: 9:00 AM-5:00 PM  
MONDAY-FRIDAY

**954-344-7667**

**ARTICLE SUBMISSION WORD LIMITS:**  
CLUBS 200 Maximum  
PEN TO PAPER 250 Maximum  
ARTICLES OF INTEREST 450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

**Deadline:** The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

Florida News Bureau reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by the publisher, or does not adhere to its deadline. Florida News Bureau shall have the right, in its sole discretion, whether or not to accept any material for publication.

Florida News Bureau/the INSIDER does not endorse, agree with, or recommend any advertiser. Florida News Bureau is not responsible for the errors, omissions, claims or statements made by any advertiser or author of any article. Before taking any action of any article or advertiser, the reader should conduct his/her due diligence, to determine the accuracy of any and all statements.

At the request of Wynmoor, we are publishing this disclaimer. "This publication is not endorsed, approved or owned by any Wynmoor entity or Wynmoor Community Council, Inc. Any and all content in this publication has not been approved or endorsed by any Wynmoor entities."

Advertisements and articles appearing in the INSIDER do not constitute an endorsement or recommendation by Florida News Bureau or its Board.

This publication may not be reproduced in whole or part, without the expressed consent of Florida News Bureau.



## SECURITY NEWS

Dispatch: 954-978-2667

**For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!**

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

**Remember that Cyclists Must Obey Traffic Laws**, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

**Crime Prevention Round Table:** Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

### Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

**Make sure your guest has I.D. ready when approaching the gate for proper verification.**

**Your guest must have the NAME and ADDRESS of the resident they are visiting.**

### Important Numbers

For Medical Emergencies Always Dial 9-1-1

- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: ..... 954-973-6700

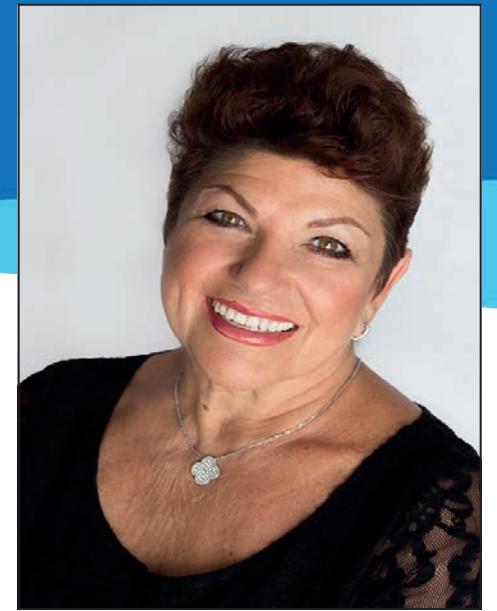
### Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 8:00 PM
- Country Club: ..... 8:00 AM - 11:00 PM
- Racquet Center: ..... 8:00 AM - 12:00 NOON
- Theatre Complex:..... (Movies Only) 7:00 PM
- .....(unless there is a specific approved event)

# INSIDE

President Msg.....	Page 5	Pen to Paper.....	Page 29
Sheriff .....	Page 7	Poetry.....	Page 29
Museum.....	Page 8	Puzzles/Games .....	Page 30
Martin Zevin, PA.....	Page 13	Golf Tips .....	Page 36
Important Numbers .....	Page 14	Pool/Billiards.....	Page 38
Financial Focus .....	Page 18	Historic Moments .....	Page 39
Acupuncture .....	Page 20	Ask Dr. Joy.....	Page 41
Camera Club .....	Page 22	Safety Solutions .....	Page 42
Property Appraiser .....	Page 26	Clubs.....	Page 47
FWF2.....	Page 27	Suicide Part II.....	Page 53
Poolside Music .....	Page 28	Puzzles/Games Answers ...	Page 54

# From the President



Good day Wynmoor!

The May flowers are blooming, and the landscape is astonishing. In case you haven't noticed, Wynmoor is looking more beautiful than ever!

Many of our wonderful neighbors and friends have gone back up north for the summer months and they will be missed. For those who remain all year round, I don't have to tell you the schedule of events remains full and never stops! Enjoy the magnificent shows, movies, bingo, karaoke, the cove, golf, pickleball, tennis and so much more, or just relax and enjoy the comfort of your home, beach, or pool.

We really do live in a Country Club with wonderful amenities for all to enjoy. It is amazing how a community changes for the better when there is an abundance of activities to enjoy. We are so proud to call Wynmoor our home.

A community such as ours doesn't just happen. It takes an enormous amount of thought, work, and staff to maintain our high standards of which we are accustomed. Our administrative staff and volunteers go above and beyond normal working hours. Everyone responsible for the operations of Wynmoor Community not only consider this a job, but home and considers each one of you family or friend, so please say hello or give them a thank you for everything they do.

Just a few updates around Wynmoor:

At the March 30th Board of Directors meeting the new Pickleball project was approved, and all parties involved are in agreement.

The speakers at the pool have been upgraded for your listening pleasure. The installation of the new lights at the Cove add to our enjoyment. Our Bocce Courts have been renovated and an additional court has been added for the pleasure of players. We are happy report that the courts have attracted many new players. The Pottery room expansion is now complete, and members are signing up at a record pace.

Please be assured that our administration along with staff and our

Management Committee Officers continue to move forward to upgrade all Wynmoor facilities and common ground to exceed your expectations. Needless to say, we stay very busy but it's a labor of love.

Come join us for our weekly get together at the library. Enjoy a cup of tea and cookies, meet the administration and staff. The best part is the opportunity to meet new neighbors and make new friends and not to mention the view of the golf course is spectacular.

As we observe Memorial Day on Monday, May 29th, we have the opportunity to pay homage to those that made the ultimate sacrifice for their country. We've heard the statement so many times in the past and it seems particularly meaningful on Memorial Day; "Freedom is Not Free." To all the families who also sacrificed, and were not able to share birthdays, holidays, and special occasions with their loved ones because they were securing our freedom. Our prayers and thoughts are always with you.

Last but not least, a note to all mothers, daughters, sisters, aunts, grandmothers, and great-grandmothers – to ALL WOMEN. We have all touched someone in our lives, either giving good advice, influencing a decision, boosted someone's confidence, or made them feel secure in a time of need, I say to you – "Happy Mother's Day!"

Take care and stay safe,

GOD BLESS!

*Jackie Railey*

Jackie

## MACCI & KATES

FAMILY LAW APPEALS THROUGHOUT THE STATE OF FLORIDA

- Elder Law**
- Deeds**
- Family Law**
- Contracts**
- Avoid Probate**
- Wills and Trusts**
- Real Estate**
- Estate Planning**

### Elizabeth J Kates, Esq

4411 Northwest Tenth Street  
Pompano Beach, Florida 33066

**(954) 979-8783**



No charge for housecalls.  
Weekend and evening appts.  
Free initial consultation.

39 years' experience. LLM in tax law.  
Member Florida Bar elder law section.

**Have you updated your durable power of attorney and health care surrogate?**

[florida-attorneys-at-law.com](http://florida-attorneys-at-law.com)  
[lawyer@argate.net](mailto:lawyer@argate.net)

CELEBRATING 30 YEARS SERVING SOUTH FLORIDA

# FELDMAN & FELDMAN

COUNSELLORS AT LAW, P.A.

An Elder Law, Special Needs  
and Estate Planning Firm

## (954) 227-7320



- Wills & Trusts
- Advance Legal and Healthcare Directives
- Medicaid ALF and Nursing Home Benefits
- VA Aid & Attendance Benefits
- Probate Avoidance

Offices located in the Coral Springs Professional Campus  
5491 N. University Drive, Suite 102, Coral Springs, FL 33067

*Hiring a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience.*

### STRETCH LAB



## NOW OPEN!



1-ON-1  
ASSISTED  
STRETCHING  
STUDIO

@Stretchlabcococonutcreek  
#LIVELONG



### Benefits of Stretching

- Improve Performance
- Reduce Stress
- Increase Flexibility
- Decrease Tension



(954) 495-8858  
THE PROMENADE  
4467 LYONS RD.

[Stretchlab.com](https://Stretchlab.com)

## EXPLORE LUXURY SENIOR LIVING IN SOUTH FLORIDA



Scan to  
Experience  
HarborChase



# ELEVATE YOUR LIVING

*Whether it's fine dining in our signature eateries, exceptional events, or personalized care you're seeking, our luxury senior living community allows you to thrive at every level.*

*This is HarborChase. Come celebrate with us.*

  
**HarborChase**  
Assisted Living  
**Coral Springs**

2975 NW 99th Ave.  
Coral Springs, FL 33065  
(954) 360-8406

# Service Equals Reward

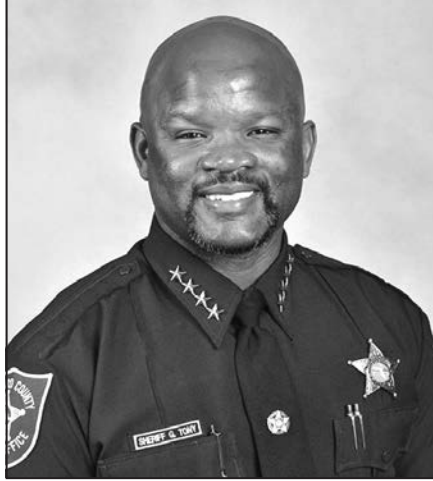
By Sheriff Gregory Tony

## ADDRESSING MENTAL HEALTH CONCERNS

May is Mental Health Awareness Month. At the Broward Sheriff's Office (BSO), we understand mental health concerns are public safety concerns. As a public safety organization, we seek to explore new and effective ways to address mental health issues that touch our community.

Responding to a call for service involving a person in crisis can be challenging. As first responders, we recognize the need to diversify our response capabilities to include a more collaborative approach that best addresses the immediate needs of the situation. Recently, BSO launched a law enforcement Co-Responder Program, which pairs a Crisis Intervention Team (CIT) trained deputy with a licensed mental health clinician to respond to crisis calls for service. The joint response provides immediate advantages. The deputy and clinician can accurately determine the needs of the individual and identify opportunities to connect them to necessary community resources. The Co-Responder Program is currently in the pilot phase. Based on its success, we have plans to expand the program to other BSO districts.

Another program focusing on mental health is our Behavioral Health Licensed Therapist (BHLT) program operating under BSO's Threat Management Unit (TMU). BSO's TMU focuses on investigating persons who threaten to commit acts of mass violence and stop that from occurring. The BHLT team is composed of veteran therapists who work alongside TMU detectives to investigate these threats. When a threat is made, one of our licensed therapists is paired with a CIT-trained detective to provide



professional on-scene threat and needs assessments. The cooperative investigation affords the ability to assess individuals for mental illness and substance abuse issues and link them with appropriate community providers who can offer treatment. Currently, our BHLT program has assisted with nearly 1,400 cases. Of the individuals they have interacted with, 44 percent have accepted services.

While our new programs and initiatives are making a difference, the cornerstone of our mental health work starts with our CIT program. CIT provides specialized training to help identify and more effectively engage an individual living with a mental health issue. The key is de-escalation. In situations where moods can shift, and actions can escalate

quickly, the first few moments of contact are critical to calming individuals.

Our CIT-trained employees are placed where they can have the most significant impact. For example, all our school resource deputies are CIT-trained. In addition, our 9-1-1 communications operators undergo CIT training to identify which calls might require a specialized response. This training is critical on the front lines. About 55 percent of BSO's law enforcement deputies are CIT certified; my goal is to reach 100.

In public safety, no call is the same. Our diversified approach to handling these crisis calls allows us to help individuals in their greatest time of need and connect them with valuable resources. We will continue to explore opportunities that best serve the people and ensure the safety of Broward County.

# SEE SOMETHING

# SAY SOMETHING

# Surprisingly great rates that fit any budget.



I can help you bundle your home and auto insurance, at a rate that may surprise you. Call me for a quote today.

Like a good neighbor, State Farm is there.®

**Rod Mabe Insurance Agency Inc**  
Rod Mabe, Agent  
5493 Wiles Road, Suite 102  
Coconut Creek, FL 33073  
Bus: 954-975-6774 Fax: 954-975-0045

Individual premiums and budgets will vary by customer. All applicants subject to State Farm® underwriting requirements. Availability and amount of discounts and savings vary by state.

State Farm Mutual Automobile Insurance Company  
State Farm Indemnity Company  
State Farm Fire and Casualty Company  
State Farm General Insurance Company  
Bloomington, IL

State Farm Florida Insurance Company  
Winter Haven, FL

State Farm County Mutual Insurance Company of Texas  
State Farm Lloyds  
Richardson, TX

2101564



# Intriguing Art At The Perez Art Museum In Miami

By Barry Isaac

On a very warm March afternoon, I returned to the Perez Art Museum very close to magnificent Biscayne Bay in downtown Miami.

I saw two very impressive temporary exhibits at the Perez Art Museum; Yayoi Kusama's "Love is Calling" and Leandro Erlich's "Liminal." The Perez Art Museum is a Contemporary Art Museum.

Yayoi Kusama in her "Infinity Rooms Creations" many times depicts tentacles with Polka Dots and mirrors. The "Infinity Room" currently on display at the Perez Art Museum is the largest one that she has done. "Love is Calling" interweaves Pop Art, Minimalism, and Psychodelia. "Love is Calling" has a surreal ambience. Previously, I studied Yayoi Kusama's creations at the Institute of Contemporary Art in Boston several months ago.

Leandro Erlich's "Liminal" is a very comprehensive display of this Argentine Artist's creations. I especially relished Erlich's "Elevator Pitch" with its intriguing depiction of people when the elevator doors

open. Other creations by Erlich that fascinated me were Erlich's "Hair Salon," "Shattering Door" (made of wood), "South America" (Cloud), and "The View" somewhat reminiscent of creations by June Nam Paik.

Pertaining to their permanent collection, I saw fine Contemporary Portraiture by these Contemporary Artists; Gisela McDaniel ("Speaking Seeds," depicts a Native Tlingit Woman in Alaska), Bisa Butler "Black Is King," splendid Textile Art, Kenny Rivero, Kehinde Wiley, and Lynette Viadom-Boakye "King For An Hour." I also saw fine Contemporary works of Art by Frank Stella, Jose Bedia "Deer Island," Willie Cole "With Heart of Gold," a plethora of high heeled shoes, and Lillian Garcia-Roig "Hyperbolic Nature Florida" worthy of encomium.

Immediately outside the Perez Art Museum, there is a huge sculptural display of "Cats and Dogs" painted with resplendent colors. The "Poodle" by German Artist, Andres Pruna and Guillermo Mazzotti's "Dalmatian" were my favorites.



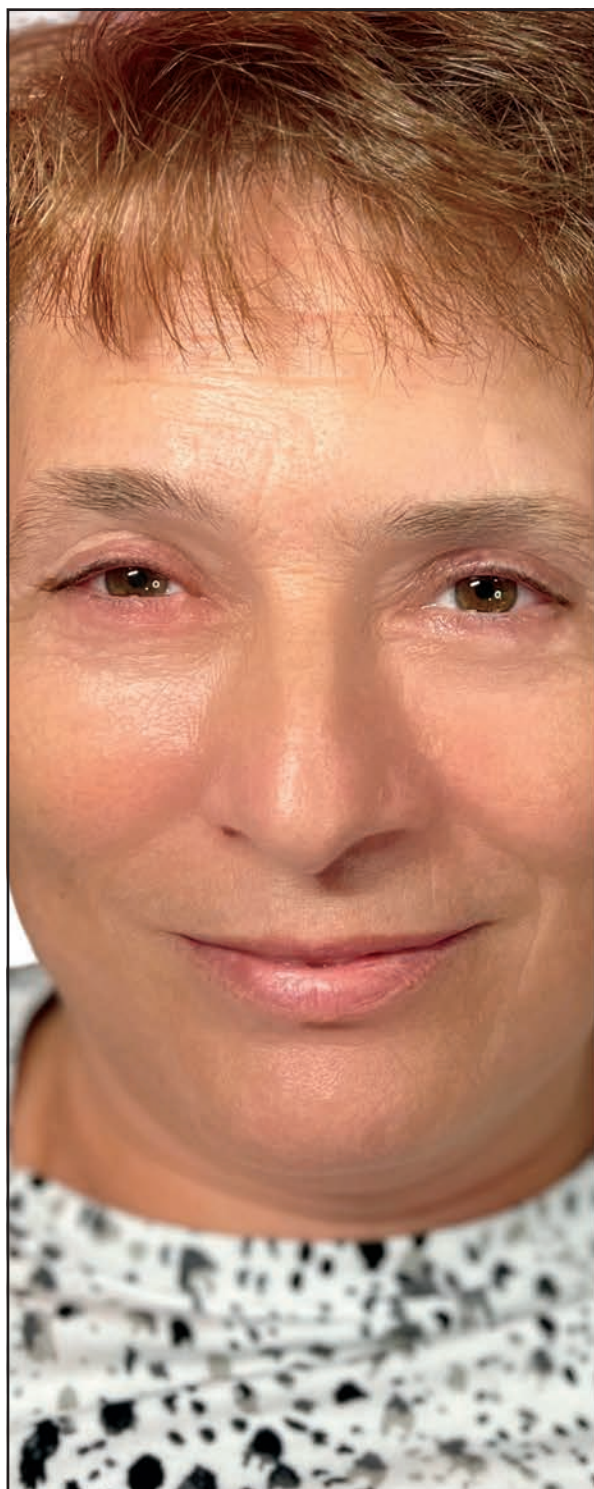
ayoi kusama "love is calling"



bisa butler "black is king"



gisela mcdaniel "speaking seeds"



## Get your brows back

No tattoo involved. Natural results. Lasts four weeks. 16 shades of tint. It will make your brows look fuller. Perfect brows package for \$100.

Look younger instantly without surgery.

Soft comfy recliners and easy parking.

**Flamingo**  
**Lashes & Brows Spa**



Everyday  
From 9:30 am to 8:00 pm

(954) 366-1214  
Near Office Depot  
Peppertree Plaza

**Call us today**  
**to schedule**





# URGENT FINANCIAL QUESTIONNAIRE

**Financial Crash Is Upon Us  
Save Your Life Savings  
Get Income For Life  
Protect All Of Your Money  
Do Not Lose Your IRA Life Savings  
You Need To Be Crash Proof**

**FREE In-Home Consultation  
Call Thomas Gucciardi: 561-931-9383**



**Global Financial Group**

**561-931-9383**

**TG@GlobalFinancialGroup.com  
www.GlobalFinancialGroup.com**

## COMPLETE QUESTIONNAIRE

1. Loss of principal due to stock market declines or even a major crash in the USA economy?  
 Very Concerned
2. IRA's new tax laws. I do not want to lose my IRA to taxes. Who spends it? Myself? My Children?  
 Very Concerned
3. Inflation - How do I protect myself?  
 Very Concerned
4. Annuity? I want the best possible. No risk.  
 Very Concerned
5. I'm tired of being lied to by my current advisor.  
 Very Concerned

If you checked an above box,  
call Tom at 561-931-9383



**YOUR 35 YEAR VETERAN ADVISOR WITHIN WYNMOOR: THOMAS GUCCIARDI**

**PERSONALIZED SERVICE-SAFE CONSERVATIVE INVESTMENTS - NO MARKET RISK - EARN 5%**

# SABRINA HAIR STUDIO



Experience working in  
Manhattan and Florida

*Relax with a One-On-One Salon Experience*  
A color specialist with an expertise  
in the latest cuts and styles

**20% OFF WYNMOOR RESIDENTS**  
Hair Cut & Blow Dry  
*Discount applies to first time customers only.*

[www.sabrinahairstudio.com](http://www.sabrinahairstudio.com)  
**954.592.5474**  
CALL OR TEXT FOR AN APPOINTMENT

Turtle Crossing Shopping Center • Phenix Salon Suites  
4376 North State Road 7 • Coral Springs, FL 33073, Ste. 107

# MESMEN, INC.

MESMEN, Inc. was incorporated in 1987 to sell and service commercial laundry equipment and parts for Condos and Apartments in South Florida. Mesmen sells Maytag, Whirlpool and Speed Queen Commercial Coin and Manual Washers and Dryers. **1 YEAR FREE SERVICE** on any machine we install, along with the factory warranties.

We are dedicated to quality in sales, service and parts. Operating a successful full-service facility.

**954.973.2714**  
[www.mesmen.com](http://www.mesmen.com)  
Licensed and Insured




## Avner Home Health Care Services

**"A COMMITMENT TO CARING"**  
State-Regulated Homecare Agency  
LIC#HHHA299991134 • WPB LIC#299994694

**"We Provide Excellent Care For Your Loved Ones"**

**Our Caregivers are selected based on their Skills, Experience, Compassion & Dependability**

We Ensure that our Caregivers Exceed our Clients' Expectations.

They provide Assistance with all *Activities of Daily Living* including:

- \* Bathing \* Dressing \* Doctors' Appointments
- \* Shopping \* Light Housekeeping \* Meal Preparation

**All Employees are Carefully Screened, Licsned, Insured and Bonded.**

References and Employment Histories are Thoroughly Checked.  
We accept Private Pay and Long-Term Care Insurance Only.



**Broward 954-739-1166 • WPB 561-268-1323**

# DEED FRAUD IS REAL DON'T BE A VICTIM



Deed fraud occurs when a property deed or title transfer is executed and recorded illegally without the authorization or knowledge of the true and present owner.

Criminals can record fraudulent deeds transferring ownership and then try to mortgage, sell, or rent your property.

**Protect your property with OWNER ALERT**

A free service that notifies you if a deed changing ownership of your property has been received by the Broward County Property Appraiser



SCAN THIS QR CODE WITH YOUR PHONE'S CAMERA TO SIGN UP OR VISIT OUR WEBSITE AT [WEB.BCPA.NET/OWNERALERT](http://WEB.BCPA.NET/OWNERALERT)

**MARTY KIAR**  
**BROWARD COUNTY**  
PROPERTY APPRAISER

(954) 357-5579  
[web.bcpa.net](http://web.bcpa.net)



**MARTY KIAR**  
**BROWARD COUNTY**  
PROPERTY APPRAISER

**Broward County Property Appraiser's Office**  
115 S. Andrews Avenue, Room 111  
Fort Lauderdale, Florida 33301  
954.357.6830 Fax: 954.357.8474  
[web.bcpa.net](http://web.bcpa.net)

### Owner Alert Registration Form

Parcel ID: \_\_\_\_\_

Property Owner: \_\_\_\_\_

Property Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Signature: \_\_\_\_\_

Legal Disclaimer:

Ownership records are changed based on deeds recorded with the Broward County Records Division. BCPA has no legal authority to determine whether a deed is fraudulent. If you believe a deed recorded on your property is fraudulent, you should notify law enforcement and seek the guidance of an attorney to determine if a quiet title lawsuit is an available remedy. Please also notify the BCPA's Department of Professional Standards and Compliance at 954-357-5494 as our office frequently assists local law enforcement agencies as it relates to fraudulent property transfers. BCPA has no legal authority to determine who has the better title to property if the public records conflict as to ownership. BCPA is furnishing you this information without warranty, express or implied, of merchantability, fitness, fitness for any particular purpose, or accuracy.



**WE HONOR ALL OUR VETERANS ON THIS MEMORIAL DAY!**

**Wynmoor Condo Sales Are Strong! Pricing Is Now More Competitive.**

**List With The Miqueiro Team And Eliminate Time Wasted On The Market With Improper Pricing!**

**We Will Get You The Most Money For Your Property In Record Time!  
A Property That Sits On The Market Becomes Stale. We Monitor Our Listings On a Daily Basis And Use Our Tried-and-True Formula Ensuring That We Move Your Property Quickly and Efficiently!!!**

**WE HOLD THE RECORD FOR THE HIGHEST LISTING SOLD IN WYNMOOR AT 350K,  
LET OUR MARKETING STRATEGIES WORK FOR YOU!**

- ★ We Never Charge A Seller A Transaction Fee! (\$499 savings)
- ★ We Use Professional Photography With Licensed Drone Operators
- ★ We Stage Your Unit as Part of our Listing Duties Prior to the Photo Shoot
- ★ We have Vendors To Help You Organize and Pack
- ★ Free Notary Services Available for our neighbors and clients!

**SOUTHEAST FLORIDA'S #1 55+ COMMUNITY SPECIALISTS!**



**DANIEL MIQUEIRO**  
Broker-Owner  
**954-895-6852**  
dan@homesbythesun.com  
Se Habla Español



**SUSAN L. MIQUEIRO**  
Licensed Realtor Associate  
**954-295-5573**  
susiesellsfl@gmail.com



**FESTIVAL MARKETPLACE IS OPEN AND THRIVING, COME VISIT US!  
*Showcase Your Property at the Festival Marketplace,  
Where Thousands of Shoppers Come Every Week!***

**2900 West Sample Rd, K5119  
Pompano Beach, 33073  
Corner of Holiday Place & Dixieland**

**“Here men endured, that a nation might live”- Herbert Hoover**

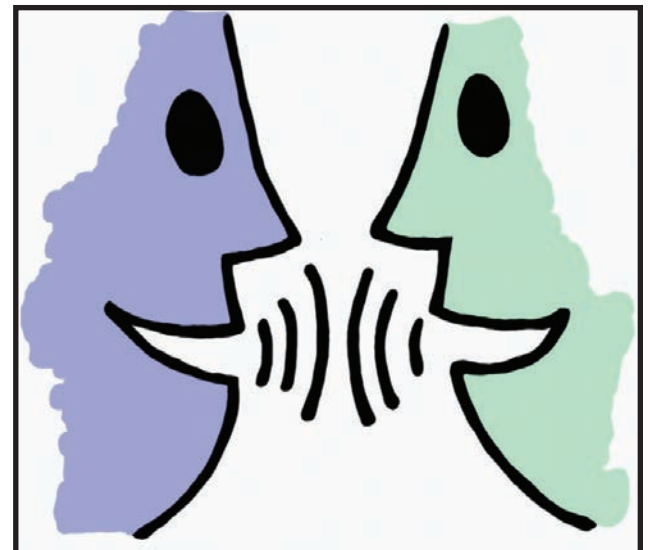
# ANTIQUES & MORE

-IN CORAL SPRINGS FOR 28 YEARS-

**BUY • SELL • TRADE**  
 Estates • Furniture • Costume Jewelry  
 Silver & Gold & Jade • Porcelain & Paintings  
 Mini Boutique • Collectibles

**WE BUY GOLD**

9371 W. Sample Rd. • Coral Springs, FL 33065  
 Tel: 954-575-5699 Cell: 954-696-8693  
 antforsale@yahoo.com

## Wynmoor Chatter

By Insider Staff

Residents are giving praise to Kerry Anne, in the Resident Office, located in the Wynmoor Country Club. They are saying, “they love being able to walk in and talk to someone who is pleasant and most of all efficient.”

She is noticed, and most of all appreciated, by the residents she assists daily!

Hats off, Kerry Anne. Keep up the good work!

## SELL YOUR CAR FOR MAX CASH

**TOP DOLLAR PAID**

**\$100 BONUS**  
 WHEN YOU SELL YOUR CAR TO ME!  
 LIMITED TIME OFFER

**I WILL:**

- Come to Your Location
- Appraise Your Car
- Try to Beat Any Written Offer
- Pay You Cash or Check

**CALL NOW! 786-385-7083 | BD AUTOS, LLC**

# Dance EVENTS

Saturday Night West Wing

May 13 <sup>th</sup>	Eddie Crespo
May 27 <sup>th</sup>	Josh Pearl



Join us for the complimentary dance at the West Wing!  
 From 8:30 pm - 11:00 pm. **Doors open at 8:15 pm.**  
 \*Complimentary coffee will be provided. BYOB\*

For Wynmoor residents with valid Wynmoor I.D Only.  
 Guests are permitted accompanied by host residents; \$5.00 admission fee for guests.  
 Shorts are not permitted.



# The Cove

The Cove is located on the Country Club Patio on Thursdays from 5:00 PM - 8:00 PM.

Food will be available for purchase by Cafe on the Green. between 5:00 PM - 7:00 PM or while supplies last.

## Entertainment

May 14<sup>th</sup>: King Arthur  
 May 25<sup>th</sup>: Marian Weinberg

**Menu Options:**

- Hot Dog Combo : \$6.00
- Hamburger Combo: \$8.00
- Grilled Chicken Breast Sandwich: \$10.00
- Chicken Skewer on Pita w/Tzatziki: \$10.00
- Spinach Pie w/Greek Salad: \$10.00

All Meals include Coleslaw, Chips and Drink.  
 Sprite, Coke, Diet Coke or Water. \*Cash Only\*



\*For more information, call Recreation at 954-978-2600, press 1.\*



# Avoiding Probate On Your Home

By Martin Zevin, Attorney

There are several ways to avoid probate on your home when you die. If you are single, there will be probate when you die unless you choose one of the following options. If you are married and own your home together, your surviving spouse will not have probate; however, there will be probate when the second of you passes away, unless one of these options is done.

Let us assume that you own your home jointly with your spouse and that you have two children. Both of you desire to have your two children inherit your home equally when you both pass away.

The first option would be to add the names of your two children to the Deed as joint tenants with right of survivorship. This is not a good idea. It would affect your ability to claim your full homestead exemption. In addition, you lose control of your property and can only sell it if your children both agree and sign all closing documents. If you wanted to take one of the children off the Deed, you would be unable to do so. If one of your children files for bankruptcy, has an adverse judgment or files for divorce, your property could be subject to liens or other legal action. Therefore, I recommend against a Deed with your children as joint tenants with right of survivorship.

The second option is a Life Estate Deed. There are two types of Life Estate Deed: regular and Enhanced (also referred to as Lady Bird). The regular Life Estate Deed requires that your children join in any sale or other changes on the Deed; therefore, you have lost control and cannot take your child's name off the Deed if you choose to do so. The Enhanced Life Estate Deed gives you the sole right to sell the property during your lifetime or make any other changes to the Deed without the permission of your child. The Enhanced Life Estate Deed has very specific legal language in order to be effective; therefore, do not attempt to do this on your own.

Even with the Enhanced Life Estate Deed, there are risks, particularly if



your child has a bankruptcy, outstanding judgment or undergoes divorce. The worst risk, however, is if, God forbid, your child dies before you or with you in a common accident. Your child's estate would then become the owner of the property once you died, which would result in probate being required. Thus, the main purpose of the Life Estate Deed is not accomplished.

The best way to avoid probate on your home is to do a Revocable Living Trust. When you sign the Revocable Living Trust Agreement, you also sign a Deed transferring the property to you as Trustees of your Trust. You are able to keep your homestead exemption, maintain

complete control of the property during your lifetime and make amendments to your Trust without changing the Deed. There are no risks involved since your children's names do not appear on the Deed. The only disadvantage of the Revocable Living Trust is that it will cost more money in attorney's fees. When you discuss the options with your attorney, you should discuss the difference in fees between the Revocable Living Trust and the Enhanced Life Estate Deed. You can then determine whether it is worth saving the money and taking the risks involved in the Enhanced Life Estate Deed.

During this current time of "social distancing," I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

Please feel free to call me for a free phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for a free consultation regarding personal injury claims or to explain car insurance coverage.

Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442.

My website is [www.martinzevinpa.com](http://www.martinzevinpa.com) and my e-mail address is [martinzevin@netzero.com](mailto:martinzevin@netzero.com)

## TALK TO A LAWYER...BE SMART LAW OFFICES OF MARTIN ZEVIN, P.A.

Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

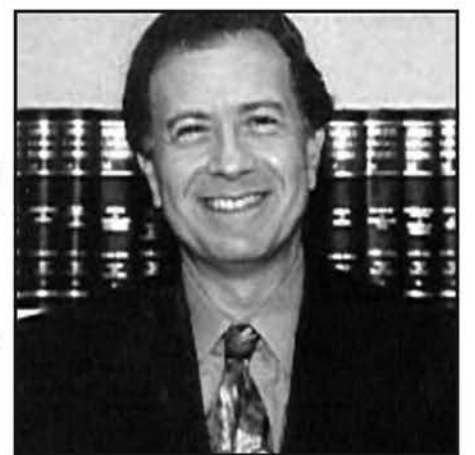
We also offer free consultation for Wills, Living Trusts & Probate

### Included in free consultation for Wills, Trusts and Estates:

1. What are the differences between a Will and a Revocable Living Trust?
2. What is Probate, how long does it take and what are the costs and attorney's fees?
3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
4. Review of your current legal documents.

### Included in free consultation for personal injury:

1. How much is your case worth?
2. How long will it take to settle or go to court?
3. How much for costs and attorney's fees?
4. Referrals to doctors.
5. Review of your car insurance.



Martin Zevin

**954-569-4878**

**LAW OFFICES OF  
MARTIN ZEVIN, P.A.**  
3275 W. Hillsboro Blvd., Suite 204  
Deerfield Beach, FL 33442  
(Just East of Powerline Road)  
website: <http://www.MartinZevinPA.com>

# Patio Screening

If you have Sunshades or Hurricane Shutters blocking access to your patio screens we have over 15 years experience in removing, fixing, and servicing shutters of all types and re-installing them after the re-screening process. It's simple.. We take the shades or shutters down, re-screen your patio and put everything back the way it was before.



▶ If you have sunshades that no longer retract or roll back up, we fix them.

▶ If you want your shades or shutters removed, we do that too!

Call for a Free Estimate

**954-593-4912**

scservicesflorida@gmail.com

# IMPORTANT PHONE NUMBERS

Wynmoor Emergency Number  
954-978-2663

## RECREATION INFORMATION

954-978-2600 Press 1

## IDS & BARCODES

954-978-2600 Press 2

## ASSOCIATION AFFAIRS

954-978-2600 Press 4

## MAINTENANCE PAYMENTS

954-978-2600 Press 5

## INSURANCE

954-978-2600 Press 6

## COUNCIL

954-978-2600 Press 7

## ROOM RESERVATION

954-978-2600 Press 8

## AUTOMATED GATE ACCESS (GUEST CALL IN #)

954-978-2666

## BUILDING MAINTENANCE

954-978-2640

## COUNTRY CLUB

954-978-2643

## COMCAST (CABLE TV)

866-405-9365

## GOLF PRO SHOP

954-978-2677

## GROUNDS MAINTENANCE

954-978-2607

## MEDICAL OFFICE

954-971-9696

## SECURITY DISPATCH

954-978-2667

## SECURITY OFFICE

954-968-2504

## THEATRE BOX OFFICE

954-978-2629

## TRANSPORTATION

954-968-2598

## CAFE ON THE GREEN

954-532-2350

For Medical and Life/Health Threatening Emergencies, dial **911** first

# HANDYMAN

RELIABLE ♦ AFFORDABLE ♦ I SHOW UP

- Quality Painting
- General Repairs
- Furniture Assembly
- Storage Solutions



CALL BRYAN  
**954-330-7768**

# INTERIORS BY PAT

Wynmoor Resident

## SHOP AT HOME WINDOW TREATMENTS

- Single & Double Roller Shades
- Sheer & Pleated Shades
- Wood Blinds
- Shutters
- Verticals
- 1" Mini Blinds
- Drapes
- Cornices & Valances
- Fabrics
- Upholstery
- Hunter Douglas Windows

*Stay Well,  
Stay Safe,  
God Bless!*

Special Discounts to my Wynmoor Neighbors

My daughter, Carla, will be joining me, sewing your home accessories.

FOR APPOINTMENT CALL PAT:  
**954-298-3643**





**AFFORDABLE**  
HOME HEALTH CARE

**OUR  
HEALTHCARE  
HEROES KEEP  
YOU SAFE AT  
HOME**

**WYNMOOR  
RESIDENTS**

CALL US AND GET  
**10% OFF**  
40 HOURS OF CARE



**OUR SERVICES**

Companion Care | Personal Care | Hourly Care | 24 Hour Care  
Light HouseKeeping | Errands and Medical Transportation  
Dressing and Bathing Assistance



If you or a loved one is in need of  
compassionate and kind home health care  
please call us today!



**954 522 3330**



**www.AHHCFlorida.com**

**LICENSED & INSURED**

License: #20092096  
License: #299991770

# Board Certified Podiatrist

Right on Powerline Rd. & Atlantic Blvd!



Dr. Daniel S. Brandwein, P.A.  
Diplomate American Board of Podiatric Surgery  
Fellow American College of Foot & Ankle Surgery



## WE ARE A MEDICARE PROVIDER

### COMPLETE SURGICAL & NON-SURGICAL CARE FOR:

- Ingrown & Fungus Nails
- Heel Spurs & Arch Pain
- Warts, Corns & Calluses
- Bunions & Hammer Toes
- Diabetic Foot Ulcers
- Orthotics/Sports Medicine

We Specialize In Physical Therapy

We Accept Aetna, Cigna, United and Many More Walk-Ins Welcome • 24 Hour Emergency Care

## FREE EXAM & CONSULTATION

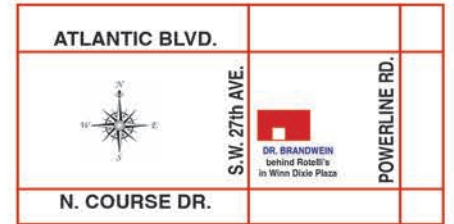
(X-Rays Not Included)  
up to a \$175.00 VALUE  
\*First Time Patients Only

# TEL: (954) 984-7500

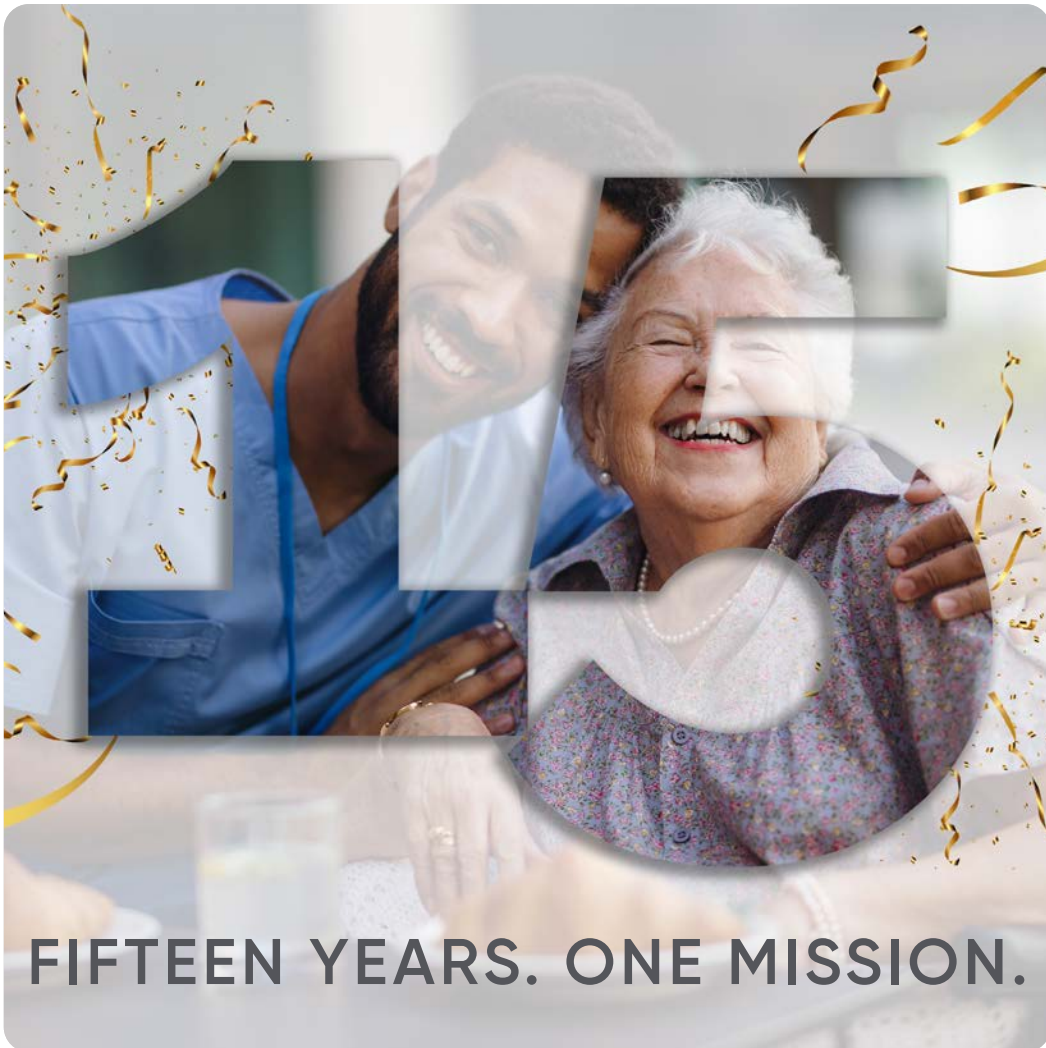
website: [drdanbrandwein.com](http://drdanbrandwein.com)

### Palm Aire Marketplace

159 S. Pompano Parkway  
Pompano Beach, FL 33069  
Hours: 8:00 a.m. – 4:00 p.m.



fax: (954) 984-8884 • email: [feetdoc@aol.com](mailto:feetdoc@aol.com)



FIFTEEN YEARS. ONE MISSION.

CONGRATULATIONS,

*Sonata Senior Living*



Since opening its first community in 2008, Sonata has been committed to raising the bar in senior living. As it celebrates 15 years of service excellence, it continues its endless pursuit to offer *more* to seniors and their families.

- More meaningful connections to improve lives
- More passionate and caring staff
- More personal freedom
- More safety and security features
- More wellbeing and socializing

Sonata's innovative services and award-winning amenities and programming are here for you and those you love!

Expect more joy at Sonata Coconut Creek!

Call Now! Limited Availability.

(954) 951-4082  
[SONATACOCONUTCREEK.COM](http://SONATACOCONUTCREEK.COM)



# INJURED ?

- AUTO ACCIDENTS
- NURSING HOME NEGLECT
- MEDICAL MALPRACTICE
- WORKER'S COMPENSATION
- WRONGFUL DEATH
- SLIP & FALL



## CHARLES COHEN

ATTORNEY AT LAW  
OVER 25 YEARS OF EXPERIENCE

**FREE CONSULTATION**

# 954-749-3330

*Se Habla  
Español*

**WE WILL COME TO  
YOUR HOME OR HOSPITAL**

*Nou Palé  
Krèyole*

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask me to send you free written information about my qualifications.



LIC. & INS.  
#98-8905-AL  
CBC 1260648

ACRYLIC AND IMPACT  
PORCH ENCLOSURES  
HURRICANE SHUTTERS  
IMPACT WINDOWS



DEALER  
NETWORK  
CELEBRATING  
51 YEARS



Over 40,000 Customers Can't Be Wrong!  
DON'T GET CAUGHT WITHOUT PROTECTION!

# 954-816-0900

**20% OFF UP TO \$500 OFF.**  
Coupon must be presented at the time of order.  
Limit 1 coupon per order. EXP. 6/01/23

6278 N. Federal Hwy #604 Ft. Lauderdale, FL. 33308

[www.JohnsonAluminumProducts.com](http://www.JohnsonAluminumProducts.com)



# Financial Focus®

Jordan T. Spohn, AAMS® Financial Advisor For EDWARD JONES (954) 973-0825

## New Law May Offer Financial Opportunities

Your own decisions and actions typically determine your financial strategies. But outside events can affect your choices, too. And that may be the case with the recent passage of the SECURE 2.0 Act.

This piece of legislation covers many areas. But here are some changes that may be of interest to you, depending on your situation:

### If you're a retiree ...

- **Higher age for RMDs** – The age at which you must take withdrawals — known as required minimum distributions, or RMDs — from your traditional IRA and 401(k) has increased from 72 to 73, effective this year. (If you turned 72 in 2022, but still haven't taken your first RMD, you will need to do so this year.) And in 2033, the RMD age will increase again, to 75. You don't have to wait until these ages before taking withdrawals, but the new age limits may affect your withdrawal decisions.

- **Lower penalties for missed RMDs** – If you don't take at least the RMD for a given year, you could face tax penalties. Previously, this penalty was 50% of the amount you were supposed to have taken but now it's reduced to 25%.

- **New options for qualified charitable distributions** – If you're 70½ or older, you can make a one-time qualified charitable distribution (QCD) of up to \$50,000 to entities that previously couldn't receive these QCDs, including charitable remainder annuity trusts, charitable remainder unitrusts and charitable gift annuities that meet certain criteria. Because QCDs are typically excluded from your taxable income and could satisfy some or all of your required RMDs, which are otherwise taxable, these expanded opportunities may prove beneficial from a tax standpoint. Consult with your tax advisor to determine if and how QCDs make sense for your situation.

### If you're still working ...

- **Roth contributions to retirement plans** – Starting this year, if you participate

in a 401(k) or similar plan, you can take your employer's matching and other contributions on a Roth basis. While these contributions will count as taxable income, they can ultimately be withdrawn, along with any earnings they generate, tax free, provided you meet certain conditions.

### If you're a business owner ...

- **Increased tax credit for starting a retirement plan** – If you have 50 or fewer employees, you can now claim a startup credit covering 100% — up from 50% — of the administrative costs of opening a 401(k) plan, up to \$5,000 for each of the first three years of the plan.

- **Employer contribution credit** – You may now be able to get a tax credit based on employee matching or profit-sharing contributions. This credit is capped at \$1,000 per employee and phases out gradually over five years.

- **Military spouse tax incentive** – If you have 100 or fewer employees who earn at least \$5,000 annually, you can earn a tax credit of up to \$500 for three years if you make military spouses eligible for a retirement plan, such as a 401(k) or SEP IRA. You can receive the credit for the year in which the military spouse is hired, plus the next two taxable years.

These aren't the only provisions in the SECURE 2.0 Act that may be relevant to you, and some parts of the new law go into effect in the future. You may want to contact your financial and tax advisors to see just how you might ultimately be affected by this legislation, and how you could take advantage of it.

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*  
Edward Jones, Member SIPC

Edward Jones®

> edwardjones.com | Member SIPC

## New year, new savings plan.

Bank-issued, FDIC-insured

# 4.75%

1-year APY\*

If you have funds you won't be needing immediately, think about putting them into a CD. Get in touch to learn more.



Jordan T Spohn, CFP®, AAMS®  
Financial Advisor

4799 Coconut Creek Parkway  
Coconut Creek, FL 33063-3979  
954-973-0825

MKT-5894K-A-A1

\* Annual Percentage Yield (APY) effective 01/05/2023. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

# WYNMOOR'S YouTube CHANNEL

## WE ARE NOW ON YOUTUBE!

Check out Wynmoor Community Television on Youtube, Search 'Wynmoor Community Television' and Subscribe to the Channel for the latest video updates.

Watch Youtube from your Apple/Smart phone, your Apple/Smart TV, Your Laptop, Desktop, Tablet or any other device.



# Stay Cool with E&A Air Conditioning

*Serving Wynmoor proudly for 5 years*



**A/C Problems?**

**A/C Leaking?**

**A/C Not Cooling?**

**A/C Unit Replacement**

**A/C Maintenance to ensure proper cooling**

**NO Hidden costs**

**Same Day Service (most cases)**



**Call today for your Free NO obligation quote**

**E&A Air Conditioning**  
**954-600-6609**  
 Licensed & Insured  
 RA 1306 7684



Serving Tri County Area Since 1983

# PLUMBING PROBLEMS?

“DON'T GET MAD, GET MOODY”

## Moody Plumbing Inc

*Family Owned & Operated*

**ALL SEWER & DRAIN SERVICES**

*Residential & Commercial*  
[www.moodyplumbing.com](http://www.moodyplumbing.com)



**WE SERVICE ALL YOUR PLUMBING NEEDS!**

- Clogged Drains
- Faucets & Toilets
- Jet Sewer Cleaning
- Leak Searches
- Backflow Preventers- Installation & Certifications
- Water Heaters
- Remodeling & Additions
- Disposals
- TV Camera Inspections
- Shower Pans



Call Us First...

**954-972-1079**  
 Toll Free  
 1-877-80MOODY (66639)

*Quality Service At Reasonable Prices!*

**24 HOUR - 7 DAYS ~ EMERGENCY SERVICE**

“CUSTOMER SERVICE IS OUR #1 PRIORITY”

**ALL OUR WORK IS GUARANTEED**



Licensed & Insured  
 State Lic. CFC057434



# I Haven't Got Time For The Pain

By Marcus Smith, Licensed Acupuncture Physician

The number one health issue of the patients I see in my office is pain - lower back pain, upper back pain, spinal pain, hip pain, knee pain, shoulder pain, elbow pain, neck pain, jaw pain, headaches, and the list goes on. And they have usually

been told by their primary doctor or orthopedist or neurologist that their pain is caused by arthritis, bursitis, tendonitis, muscle sprain, muscle strain, bulging disc, herniated disc, ruptured disc, spinal stenosis, nerve impingement (pinched nerve), and that list goes on. These patients are often taking anti-inflammatory medication or muscle relaxers, often both, and still, they are in pain. They may have had surgery to correct what they were told was causing their pain or received cortisone injections and nerve blocks and are taking opioids yet they are still in pain.

For the majority of these patients, the cause of their pain is not what they have been told. I've had patients arrive in a wheelchair and report excruciating, unrelenting lower back pain which prevents them from walking or even standing for more than a few minutes. But when I review the MRI or Xray they have brought with them, I can find nothing

to account for the intensity of pain and debility they are experiencing. Conversely, other patients have little pain or debility, perhaps just some nagging soreness or tightness but their MRI may indicate multiple levels of disc degeneration, nerve impingement, stenosis, even vertebral fracture, and their doctors are surprised they are NOT in a wheelchair.

Perhaps it is because Acupuncture was developed long before the advent of pharmaceutical treatment of symptoms that it can help resolve chronic pain more successfully than modern Western methods which rely heavily on just masking the pain.

Acupuncture is NOT a quick fix. The effects of Acupuncture treatment are cumulative as each treatment builds upon the previous one. Though it is not uncommon for patients to report up to an 80% reduction in their pain after the very first treatment, a number of treatments over period of time is usually necessary to build this cumulative effect and to correct the underlying imbalances which are creating the symptoms.

For more information about Acupuncture and how it may help you and your family and friends, please visit our website at [MarcusSmithAcupuncture.com](http://MarcusSmithAcupuncture.com) or call our office for free consultation at 954-907-1036.

**SPEED  
LIMIT  
25**

## Traffic Violations

The speed limit on Wynmoor Circle is **25 mph**. The speed limit in the villages is **15 mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

**SPEED  
LIMIT  
15**

## Columbo Custom Mirrors, Inc.

Call John or Donna Columbo  
For Free Estimate

(C) 954-675-7292 (O) 561-617-7103

MEDICINE CABINET UPGRADE \$636.00 TAX INCL.

- Take off wood frame, replace door mirror
- Add 2" bevel 4 sides on each cabinet and 2" bevel 4 sides of existing vanity mirror
- 36" Chrome light fixture (6 ) bulbs
- Replace tin shelves with glass (12)
- Free can of HI-SHEEN cleaner

ALSO: PAINTING AVAILABLE FOUR CABINETS INSIDE  
RUSTOLEUM WHITE GLOSSY PAINT \$50.00

**SHOWER DOORS OR  
TUB ENCLOSURES UPGRADE**



Serving Wynmoor Since 1998 • Over 2000 Satisfied Customers  
ALL REPAIR WORK ACCEPTED CALL FOR PRICES

Dining Room Wall	Patio	Kitchen
8x8 With Vent 2" or 3" Bevel \$636.00 <small>TAX INCL.</small>	Pass-Thru Wall 2" or 3" Bevel \$636.00 <small>TAX INCL.</small>	Pass-Thru Wall 2" or 3" Bevel \$636.00 <small>TAX INCL.</small>
<b>Bifold Door</b>		
Bedroom - \$85.00 Hallway - \$75.00	Bathroom - \$75.00 Den - \$175.00	

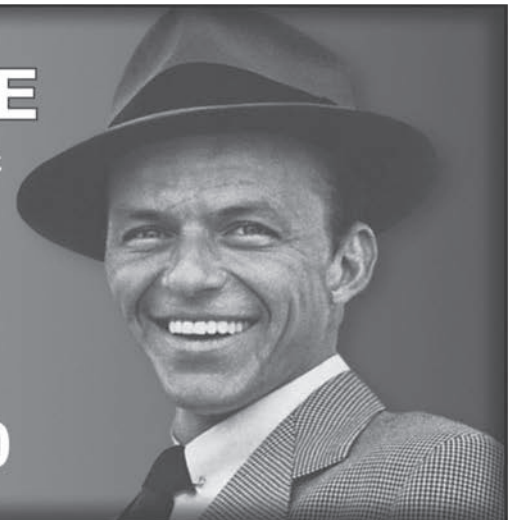
**THANK YOU, WYNMOOR, FOR ALL THE BUSINESS  
YOU HAVE GIVEN ME -JOHN COLUMBO**

## MEDICARE

*done your way*



954-753-8080



**Confused about your Medicare options?**

**Call us today for a FREE,  
no obligation education  
on ALL of your MEDICARE options**

**954-753-8080**

**We represent carriers like...**

- \* AARP
- \* UNITED
- \* AETNA
- \* COVENTRY
- \* OPTIMUM
- \* PREFERRED CARE
- \* HUMANA
- \* WELLCARE
- \* CARE PLUS
- \* SILVER SCRIPTS
- \* UNITED AMERICAN
- \* AND MORE

**Family owned and operated for 40 years!**

**7351 Wiles Road Suite #106 Coral Springs, FL 33067**



**DANIA  
DERMATOLOGY**

Experience the Joy  
**OF HEALTHY SKIN**



**Acne | Skin Cancer | Psoriasis | Eczema | Rashes | Botox | Fillers | And Much More!**



**Schedule An Appointment**  
**954.807.9433 | DaniaDermatology.com**  
 Dania Pointe Plaza, 154 South Compass Way, Dania, FL 33004  
 Led by Canadian Physician Stanley Skopit, DO  **Most Insurances Accepted**



**ORGANIC NAILS & SPA**

**954-532-6293**

4400 WEST SAMPLE ROAD, UNIT 110  
COCONUT CREEK, FL 33073

ORGANICNAILSSPA4400@  
GMAIL.COM



- We Are Specially Offering All Design Nail Art -

Combo Manicure-Pedicure	\$46
Gel Manicure	\$30
Classic Pedicure	\$30
Acrylic Full Set With Gel	\$50
Nexgen/SNS dipping powder <small>(including soak-off)</small>	\$42
Eyebrows Wax	\$10
Eyebrow Wax & Tint	\$30
Eyelash Extensions	\$120 +up

GRAND OPENING 15% OFF FOR ALL SERVICES



Call Larry Today For A **FREE** Quote. All You Can Do Is Save Money!

**954-796-9744**

★★★★★

LESS THAN ALL DEPARTMENT, HOME IMPROVEMENT & SPECIALTY STORES.

★★★★★

**SHOWROOM**  
8033 W. SAMPLE RD.  
CORAL SPRINGS,  
FL 33065

Reasons to buy from

LARRY'S TILE & CARPET

8033 W. SAMPLE ROAD • CORAL SPRINGS, FL 33065  
TEL: 954-796-9744 • FAX: 954-796-9586

Call Marcos 954-975-3903 For All Your Carpet & Tile Cleaning Needs

Experience!

Larry has been selling carpet, tile, vinyl, laminate and wood for over 2 decades! Ask your neighbor about us.

Reliability!

Larry's Service Guarantee is not 1 year like all other stores, but for **2 years!** If we don't do it right, we will be back to repair it.

Selection!

**LARRY'S TILE & CARPET** has one of the largest selections of floor coverings in South Florida. We will bring the showroom right to your home or make an appointment to come to our location.

Price!

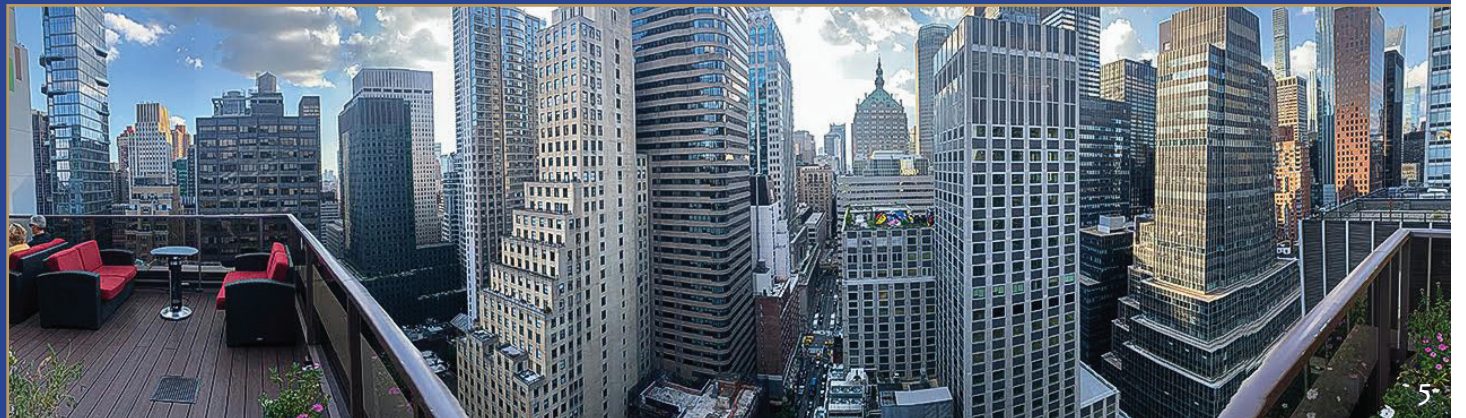
**LARRY'S TILE & CARPET IS 10-20% LESS EXPENSIVE** than all specialty and warehouse type stores. Larry guarantees that he will beat all written estimates from reputable sources, by a minimum of 5% and reimburse you for any measuring charge from the other source. Must be presented at time of purchase.

If you are going to shop...make LARRY'S TILE & CARPET YOUR LAST STOP!!



# CAMERA CLUB

- 1) TAMARA - SIPPING
- 2) NANCY LANDMAN - ANHINGA DRYING HER WINGS
- 3) JENNIFER JAMES - SINGLE FILE
- 4) CORINNE BRODIE - RED SHADOW
- 5) MIKE BRODIE - SOUTH WEST NORTH



**BRING YOUR OWN BOTTLE**  
no corkage fees

**Take-Out Special**  
**15% off**  
Sunday - Thursday  
4pm to close  
cannot be combined with other offers

PRICES ARE SUBJECT TO CHANGE  
MUST PRESENT COUPON FOR SPECIALS

**Tuesday Pizza Special**  
Large Cheese Pizza \$11.95  
Pick-up or Delivery Only  
4pm to close  
cannot be combined with other offers

**Delivery Special**  
10% off delivery to Wynmoor  
with dinner purchase  
4pm to close • 7 days a week  
cannot be combined with other offers

To order online and get reward points, go to  
[www.toasttab.com/Bella-Roma](http://www.toasttab.com/Bella-Roma)

**DINE-IN ONLY**  
**20% OFF**  
ALL ORDERS FOR  
WYNMOOR RESIDENTS  
4pm to close • 7 days a week  
cannot be combined with other offers

**BEER and WINE**  
**50% OFF**  
4pm to close • 7 days a week

**954-978-8800**



4301 Coconut Creek Pwy, Coconut Creek

# Meet Your Advertiser

**Tom Gucciardi**

As many of you may already know, Tom Gucciardi has been etched in stone in the Wynmoor Community for over 3 decades. As an accomplished Money Manager, he is well known for his caring nature, honesty and free in-home consultations. His clientele adores him and refer him to their friends. Always!

Some of his specialties include:

- Preserve your life savings and increase your income with no stock market risk.
- Reduce your taxes. Now and upon death to your loved ones.
- Have your portfolio set up to conquer inflation.
- Tom's team of experts will easily evaluate your need for a Trust-No Cost.
- Convert your IRA so it is Tax-Free to your children.
- Set your portfolio up so your principle is guaranteed, as well as your income.
- Participate in the Stock Market and earn an interest rate based on the gains. Market Crashes No losses. Tom will not let you lose your life savings. Period!
- Leave a Tax-Free Legacy behind to your children. Also live the life you deserve, start spending money with the comfort of knowing, you will always be comfortable. You will always have enough income for life. Guaranteed.
- New Long-Term Care/Home Health Care products are available with minimal underwriting.
- Have your portfolio consolidated. One advisor, One Master Plan. Simple. Feel good about your life savings. No more stress.
- Do not let inflation have an effect on your life.

Tom lives locally with his wife and two young daughters in Parkland, FL. Therefore, he enjoys visiting you in person to keep all your affairs up to date.

Tom will focus on these urgent topics for you. In person at your home. See our ad on page 9 in this issue of the Insider.



**Cherry's Blinds and Interiors**  
BLINDS, DRAPES, FLOORS AND MORE...

**SALES • INSTALLATION • REPAIRS**

*Serving South Florida's Business and Homeowners for over 25 years with Quality and Affordability*

**4300 N.E. 5TH AVENUE | OAKLAND PARK, FL 33334**  
**CHERYSBLINDS@AOL.COM | 954-563-4545**  
**WWW.CHERYSBLINDS.COM**



YOU GET  
10% OFF  
WHEN YOU  
MENTION  
THIS AD

PHYSICAL & OCCUPATIONAL THERAPY

Are You Suffering From Back Pain, Poor Balance, Weakness?



We offer Ultrasound, Massage, Balance & Vestibular Therapy

Cardiac, Neurological and Senior Rehab

Exclusive 1 on 1, In the Comfort of your Home

Protective Equipment Protocols

THERAPY IN YOUR HOME

Licensed Medicare Provider FL8318

Brian Caitis @ 954-328-1505 | bcaits@bellsouth.net

ON CALL 24/7



Commercial & Residential  
FREE ESTIMATES

EVICTION • FORECLOSURE • CLEANOUTS  
BUSINESS CLEANOUTS

954-644-3296

doctorjunkphd@gmail.com

Junk Removal

Bonded & Insured

WE REMOVE:

- CONSTRUCTION & TREES DEBRIS
- FURNITURE
- APPLIANCES
- GARAGE CLEANOUTS
- LIGHT DEMOLITION
- DUMPSTER RENTALS
- BOBCAT / GRAPPLE TRUCK SERVICES & MORE!

Follow us on





954-644-3296

FREE ESTIMATES


www.doctorjunkfl.com



Dr. Richard Fields

Podiatrist

Conveniently Located Across the Street  
from Wynmoor, Behind Dunkin Donuts



- Cut Toenails & Callus
- Foot & Ankle Surgery
- Walking Imbalance
- Fall Risk Assessments
- Balance Braces
- Diabetic and Peripheral Neuropathy

- Home Visits
- Diabetic Foot Care
- Diabetic Shoes
- Arthritis/Chronic Pain
- Trauma & Fractures

“Services Covered By Medicare”

3720-B Coconut Creek Pkwy.  
Coconut Creek, FL 33066  
**(954) 330-6044**

# Please Welcome

**Dr. Jonathan Perwien, M.D.**  
**Internal Medicine**  
*and*  
**APRN Candelle Metzler**



**Accepting New Patients | Most Insurances Accepted**

To learn more or schedule an appointment, contact a care coordinator by phone or online today.

**M S** **Medical Specialists**  
**P B** **of the Palm Beaches**

8100 Royal Palm Blvd. St. #105  
 Coral Springs, FL 33065  
 (954) 344-2288  
[www.mspsbhealth.com](http://www.mspsbhealth.com)



**STRATEGIC SENIOR BENEFITS GROUP**  
 Retirement and Income Planning  
 A Retirement Income Store®



**MORE INCOME**  
**LESS RISK**  
**GREATER FREEDOM**

## MANAGING YOUR RETIREMENT NEEDS, BEFORE AND THROUGHOUT

- More conservative, Income-Based Wealth Management
- 401(k) and other Retirement Plan Rollovers
- Income Planning
- Social Security Maximization
- Pension Maximization (Defined Benefit Pensions)
- Medicare Plans
- Legacy and Estate Planning
- Forward Thinking Tax Preparation and Planning

**Steven Archer**

Investment Advisor Representative  
 President, Strategic Senior Benefits Group

**CALL US FOR A COMPLIMENTARY CONSULTATION**

3730 Coconut Creek Pkwy., Suite 202, Coconut Creek, FL 33066 (across from Wynmoor)  
 Office: (833) 6-INCOME or (833) 646-2663 | [info@ssbenefitsgroup.com](mailto:info@ssbenefitsgroup.com) | [www.ssbenefitsgroup.com](http://www.ssbenefitsgroup.com)

Investment Advisory Services offered through Sound Income Strategies, LLC, an SEC Registered Investment Advisory Firm. Strategic Senior Benefits Group and Sound Income Strategies, LLC are not associated entities. Strategic Senior Benefits Group is a franchisee of The Retirement Income Store®, LLC. The Retirement Income Store®, LLC and Sound Income Strategies, LLC are associated entities.



# Women Are Like Snowflakes

By Carol Seidman

Alone we melt, together we can stop traffic! For those Floridians at Wynmoor who haven't experienced winter in a long time or ever, just imagine how heavy snow can be, a powerful force. On Monday, March 27, I experienced an exceptional night of what the power of women working together can achieve. The program, which truthfully didn't appeal to me at first was an evening hosted by Chabad of Coconut Creek near Wynmoor. It was an event geared for women with the purpose of teaching us how to enhance the upcoming holiday of Passover by sewing an Afikomen Bag. Firstly, I don't sew and we already have an Afikomen Bag for our Seder Table. Passover, as you probably know is the time when G-d redeemed/liberated the Israelite slaves from Egypt. The Rebbitzin of the Chabad Center, Leeba Gansburg lead the evening with two dedicated and experienced volunteers, Alice and Merrie, who taught the sewing at the program and generously provided the colourful material for our Afikomen Bags. The Rebbitzin (Rabbi's wife) invited the participants to enjoy desserts and drinks and opened with an explanation of the meaning and importance of Afikomen. Leeba defined it as "dessert" and said the bags contain broken pieces of Matza which get hidden (often by the children at the Seder) There are actually small and large broken pieces of Matza. The smaller ones symbolize the redemption which we experienced leaving Egypt. The larger hidden piece (inside the Afikomen Bag) symbolizes the future redemption which we hope will come soon.

The reason I loved the evening as much as I did was that participants who were total strangers at the start of the evening became friends as we helped each other with sewing, broken thread and twisted bobbins, or giving advice on picking the right color fabric or ironing the finished product. As a novice, I never would have guessed I would be operating a sewing machine and leaving the program with a handsome and well-made Afikomen Bag. My own personal sewing angel was, Wynmoor resident, Myra Strauss who was at my side every step of the way, even as she was making her own bag. It will no doubt have a place of honour at our Seder Table. I know I speak for the other participants when I say a big thank you to Chabad, Rebbitzin Leeba Gansburg and the very talented sisters, Alice and Merrie who led the sewing program with creativity and endless patience.



**one TO one**  
PHYSICAL THERAPY & RECOVERY

### WHAT WE TREAT

- ▶ Ankle & Foot Pain
- ▶ Shoulder Pain
- ▶ Hip/Knee Pain
- ▶ Back/Neck Pain
- ▶ Hand, Wrist & Elbow Pain
- ▶ Pre/Post Surgery Rehab
- ▶ Temporomandibular Joint  
TMJ Disorders
- ▶ Motor Vehicle Accident



One to One Physical Therapy and Recovery is a state of the art concierge service provider in South Florida specializing in prevention and rehabilitation of injuries. We provide personalized patient centered care plans to help you return to what you love to do.



**WE ACCEPT  
MEDICARE**

5451 N University Drive  
Suite 103  
Coral Springs, FL 33067

[onetooneptrecovery.com](http://onetooneptrecovery.com)  
[scheduling@onetoonehealthwellness.com](mailto:scheduling@onetoonehealthwellness.com)



# MARTY KIAR

## BROWARD COUNTY PROPERTY APPRAISER

### Copies of Deeds are Public Records and Free

Every year our office hears of new mailings aimed at Broward County property owners offering to provide the owner with a “certified deed” for their property. The company will provide this service for a fee; however, most documents are available for free through Broward County Records Division.

Your deed is a document or written legal instrument which, when executed and delivered, conveys an interest in or legal title to a property. Deed recordation is the process of registering a transfer of real property with the Broward County Records, Taxes & Treasury Division. Once the deed is recorded with County Records, it is provided to the Property Appraiser’s Office so the property record can be updated. If a property owner is registered with our Owner Alert notification service, the owner will receive an email notification of this change. Property owners can register for the Owner Alert notification service online at <https://web.bcpa.net/owneralert>

Deeds and many other important documents are already available online and free on Broward County’s Records, Taxes & Treasury Division’s website

and linked from our office’s website. Deeds recorded prior to January 1, 1978 and recorded deeds utilizing social security numbers must be ordered in person or by written request. The county charges a nominal fee for reproduction (\$1.00 a page/\$2.00 certified) along with a \$2.00 search fee per name, per year. County Records can be reached at 954-831-4000.

Reviewing and obtaining a copy of your deed on County Records website is simple: go to <https://officialrecords.broward.org/AcclaimWeb> and select your search criteria. Documents matching these criteria will be displayed and you can print a copy of the document you select. To search for a recorded deed on the our website, search for the property record at <https://web.bcpa.net/bcpaclient/#/Record-Search> and click on the blue “Book/Page or CIN” number located under the “Sales History for this Parcel” on the property record page.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at [martykiar@bcpa.net](mailto:martykiar@bcpa.net)

CALLING IN YOUR GUESTS AHEAD OF TIME,  
WILL ALLEVIATE LONG LINES AT THE GATES!

## Thinking about Cruising?

CALL US FOR THE BEST DEALS

\$50 Onboard Credit Per Cabin For A 7 Day Cruise Or Longer.  
We Will Even Assist With Doing Your Online Onboard Check-In!

**Tickle Me Travels**

Call Lorri Hirsch

**954-401-2112**



## Your Articles of Interest Are Always Welcome!

Email articles to [Wynmoorads@aol.com](mailto:Wynmoorads@aol.com) in a word document, or mail them to FLORIDA NEWS BUREAU, PO Box 670876, Coral Springs, FL 33067 Articles should be typed upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article. Deadline for articles is the 10th of the month preceding an issue.)

If you are not computer savvy, you can still submit your articles to us. There is a box labeled “The Insider,” inside the Clubhouse, near the Library and Real Estate Office. Clearly write out your article and we will do our best to reproduce it for you.

**DEADLINE:** The 10th of the current month, for the following month! All articles that are not recovered by the 10th of the month will go in the following issue. Thank you for your submissions.



# Mah Jongg

CARDS

If you are interested in ordering the 2023 Mah Jongg Card please contact Nancy Smith at 954-610-1539. The National Mah Jongg League has raised the prices - \$14 for the Standard Card and \$15 for the Large Card. They will donate \$5 of every card sold to the Alzheimer’s Association. The card will be mailed directly to your home address. Please help us to fight this disease!

If you have any questions please do not hesitate to contact Nancy or Judy Palma at 609-577-5946.

# FWF2 March Dance Highlights



# FWF2

## FIRST DANCE OF 2023-2024 SEASON

### Sunday, June 25 Featuring The Reaxtion Band



South Florida's Reaxtion Band will light up the Ballroom dance floor with their unique blend of Classic Rock, Pop, Latin and more. The event promises to be a high-energy affair that will leave you grooving and moving all night long.

The Reaxtion Band has been a staple of the South Florida music scene for years and has played at numerous important venues including casinos, hotels, and music festivals throughout the region. With a repertoire that spans decades and genres, the band has earned a reputation for playing the music that keeps audiences dancing all night.

Don't miss your chance to experience the Reaxtion Band.  
GET YOUR TICKETS TODAY!

Members: \$10 In Advance  
Non-Members: \$20 If Space Permits

Tickets sales to members will begin on June 5th. A very LIMITED number of \$20 non-member tickets MAY be available on a first come, first served basis beginning on June 13th. No tickets will be sold after June 23rd. Event registration forms will be emailed to members on June 3rd. Additional information is available by emailing FWF2@mail.com.



The **FISH JOINT**

DINE IN • TAKE OUT • CATERING

954-634-0277

4570 Lyons Rd  
Coconut Creek, FL 33073

[TheFishJoint.com](http://TheFishJoint.com)

Visit us on Facebook  and Instagram 

## LUNCH Specials

Includes drink and choice of side

- Shrimp Sandwich** \$10<sup>95</sup>  
Grilled, Blackened, or Fried
- Smoked Fish Salad Sandwich**  
Lettuce, tomato, and red onion
- Chicken Sandwich**  
Grilled or Fried
- Fried Fish Sandwich**  
Lettuce, tomato, red onion & tartar sauce
- Soup & Salad**  
Cream Chowder or Lobster Bisque - Mixed Green or Caesar Salad

## DAILY Specials

- MONDAY Mahi Sandwich** 11.95  
Choice of 1 side & hushpuppies
- TUESDAY 2 Tacos** 11.95  
Choice of 1 side
- WEDNESDAY Fish N' Chips** 13.95  
Served with fries, coleslaw & hushpuppies
- THURSDAY Lobster Roll** 19.95  
Hot or cold with choice of side
- FRIDAY Fried Shrimp Platter** 14.95  
Choice of 2 sides & hushpuppies
- SATURDAY Snow Crab** 19.95  
1lb of snow crab with our garlic butter sauce

## Are You Moving? **MOVING SPECIALIST**

**Suzan Gordon 954-554-5435**  
sozen33@yahoo.com

*A New Beginning / Excellence in Customer Service*



- Packing / Unpacking
- Organizing / Shipping
- Condo Care
- Assembling Furniture
- Donating / Disposal
- Clean Outs

Free Consult | Referrals Upon Request  
Licensed, Bonded, Insured  
*In Business 20 Years*

2nd Generation  
Wynmoor Resident

Recommendations for  
Trade People



## CALL ME

*A Wynmoor Resident*

- Real Estate Sales
  - Buying/Selling
- 55+ Active Community Specialist
- Property Management
- Notary Services



**SELLSTATE**  
ISLAND PROPERTIES

**SOLD IN 10 DAYS • 1501 CAYMAN WAY E3**

"Kassandra gives White Glove Service. I didn't how we could have sold our home without her attention to detail and listening to our needs. I recommend her for anyone selling their home."

**954-257-7810**  
**KASSANDRA GAINNEY, PA**  
REAL ESTATE AGENT  
kassandragaineyrealtor@gmail.com



# AVOID COVID

## Wear A Mask!



## Sunday Music Poolside



● COUNCIL PROPERTIES AND FACILITIES WERE CREATED SOLELY FOR YOUR USE AND ENJOYMENT. PLEASE BE CONSIDERATE OF ONE ANOTHER SO THAT WE CAN ALL RELAX AND HAVE A GOOD TIME!!

MAY 7TH: PAUL SOLO  
MAY 14TH: RANDY STEVENS  
MAY 21ST: SHONEE  
MAY 28TH: STEVE MICHAELS



1:00 PM – 4:00 PM

● WE CANNOT TOLERATE DISORDERLY CONDUCT. PLEASE REFRAIN FROM THE USE OF THREATENING, OBSCENE OR ABUSIVE LANGUAGE. FIGHTING AND/OR PHYSICAL ALTERCATIONS ARE STRICTLY PROHIBITED. VIOLATORS WILL BE SUBJECT TO FINE AND SUSPENSION.



WHILE AT THE POOL COMPLEX,  
PLEASE REFER TO THE POSTED RULES AND REGULATIONS.

● PLEASE DO NOT MOVE THE POOL FURNITURE: TABLES AND CHAIRS CANNOT BE RESERVED.

● WCC PROVIDES MUSIC FOR YOUR LISTENING PLEASURE. NO AMPLIFIED MUSIC IS PERMITTED.



● THE DESIGNATED SMOKING AREA IS AT THE REAR SOUTH WALL OF THE SHUFFLEBOARD COURTS.

## Loud, Clear, and FREE!

**New!**  
Clarity XLC8  
Phone &  
Cell Phone  
Amplifier  
Combo Pack  
Bluetooth



Florida residents with hearing loss are eligible to receive free telephone amplifiers from Florida Telecommunications Relay, Inc., a nonprofit agency established in 1991.

Requires existing landline or cellphone service.  
Limit one per resident.

**FREE Phone Distribution Dates:**

**Center for Hearing and Communication**  
2900 W Cypress Creek Road  
Suite 3  
Fort Lauderdale, FL 33309

954-601-1930

Call for more information!

**No landline?  
No problem.**

Cell Phone Amplifier options available!



**XLCGo**  
Amplification up to 50 dBs  
Bluetooth  
**SA-40**  
Amplification up to 40 dBs



**Landline Phones**  
Still Available!

**Florida Telecommunications Relay, Inc.**

Current FTRI Clients: If your phone isn't working properly or you need new equipment, or should you no longer need your phone or are moving out of Florida, call FTRI at 888-554-1151 for assistance.

www.ftri.org





# pen to paper

The Insider is not responsible, and assumes no liability for the content expressed in any contributed material. Material in the paper represents the author's own opinion, and not necessarily the opinion of the Insider.

## A Professional Artist Is Born

By Lawrence E. Correia

Ever since my son Lawrence (Larry) turned 5 years old, he demonstrated a skill in drawing and painting of all types of animals and cartoon animations. His strongest drawings were of the many forms of dragons and dinosaurs which was the going rage at the time. He would draw on anything anywhere he happened to be. At the restaurants he drew on napkins to the delight of the waiters and waitresses, he drew on tea-shirts, wood, arms, and anything else that was handy.

As he grew older his drawing interests expanded to anime characters, fairies, and other interesting subjects. All this artistic leaning was both beautiful and progressive in its development and growth. Yet to a professional artist and critic it was simplistic and amateur because it lacked what they called a soul which could reach into the very heart of the viewer.

With this in mind, Larry began to draw pictures with scenes and not just pictures of objects or people. Step by step his drawings began to show a sort of inner meaning which included joy, sadness, wonder and surprise. Slowly but determined he transformed his art into new ways in order to move from nice drawings to professional art.

In 1999 I took my son on a trip to Washington DC, Philadelphia, and New England to view some historical and artistic wonders through the ages in the city's museums. It was in Philadelphia that we showed some of my son's artwork to one of the museums art managers and art critic. He sorted through several of the drawings saying they were not professional grade, until he stopped and looked at one scene that captivated his critical gaze. It was at that moment he said, "Here is the work of an artist for this drawing unlike the others has a soul."

I looked at the drawing and tried to see what the critic was seeing. It was a scene of a boy reaching out to the creature who was also extending his hand to join in friendship. After careful study of their faces, I could see the tension, fear, and hope in finding a sort of mutual peace between them. This is what true artists and critics search for when they speak of a painting having a soul.

From that day on I have supported my son in his quest for art. Today he resides in a suburb of Portland, Oregon using his art creating a myriad of artistic work in that city. He is also trying to see if I can get some of my stories together for him to create a book that not only tells my stories but with art to enhance it.

## It is not too early to get Hurricane Ready!

# POETRY

### Age

By Lil Miller

My age is just a number! It's what I feel inside!  
 Some days I'm lite and lively, and hardly stop to sigh!  
 Putting twenty-six hours into a twenty four hour day!  
 Spending so much energy on only one day!  
 I find the next day hard to bear, when I squeak and groan  
 from much wear!  
 How old am I? I've reached the time where I don't care.  
 Just give me strength for another day, and not waste it all  
 away!  
 Life is precious each and every hour of a new day!  
 Soar with the eagles! Don't hang around on the ground  
 with the turkeys.



## Private Duty Nurse

Provides tender loving care with all of her services

HHA • CNA • SITTER • COMPANION

- Appointments
- Showering
- Companionship
- Reliable
- Day/Night
- Dressing
- Medication
- Cooking
- Honest

Most Insurance Accepted

Call Evelyn

### 954-865-2185

Evelynjoseph1021@gmail.com

## Are You Paying Too Much? Is It Time For Change?

Are you or a loved one, not happy, or paying too much for your current Medicare and/or prescription coverage?

If so, I can be reached at 561.287.0815 for a **FREE, no obligation quote and plan review.**

In addition If you are turning 65 within the next six months, this would be an ideal time to get started on your Medicare plan options.



**DIANA SOWLEY**  
 Medicare Specialist/Educator  
**561.287.0815**  
 deemedicarespecialist@gmail.com

Craftman

## The Handyman Service

**WYNMOOR RESIDENTS**  
 Get \$25 Off \$100.00 or more!

Call: 954-991-1863

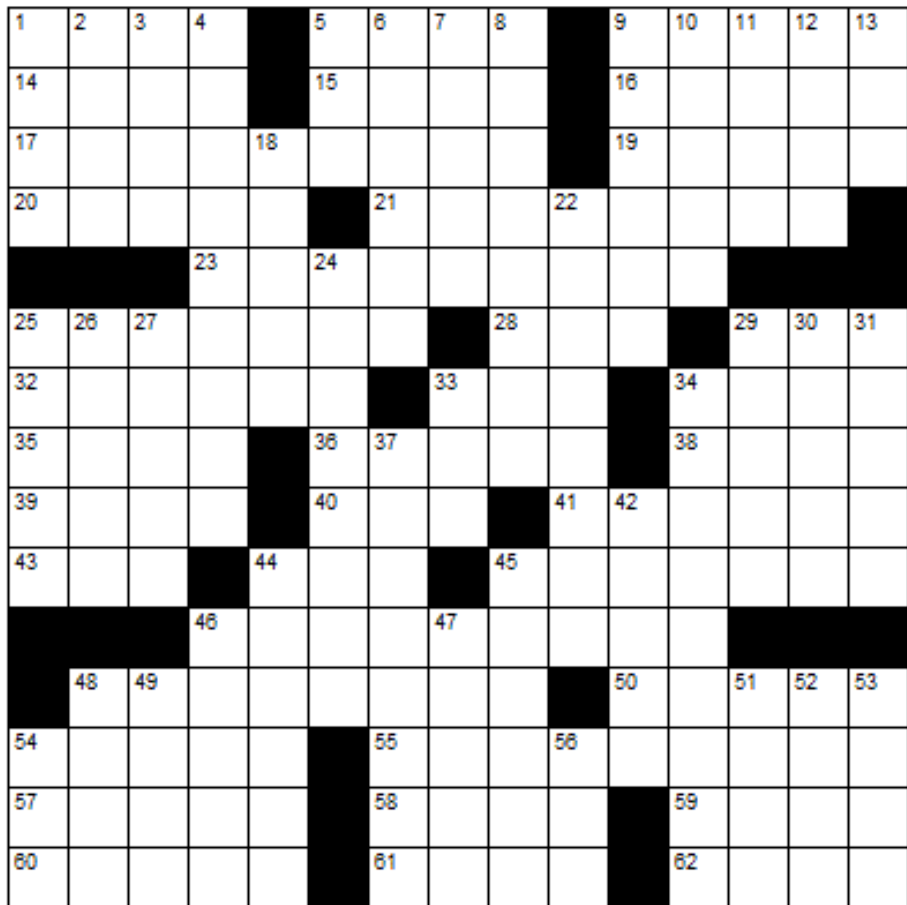
Licensed & Insured

One Call Does It All!  
 Our Focus Is On Excellent Service!

# Puzzles and Games

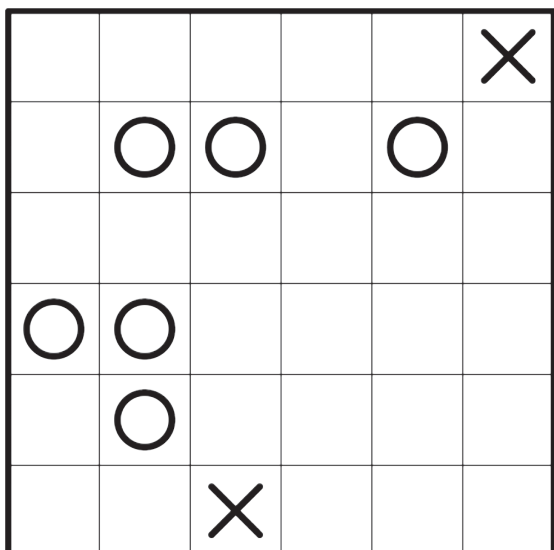
Solutions on page 54

## Crossword Puzzle



- ACROSS**
- 1. Hairless
  - 5. Astrological transition point
  - 9. Not fresh
  - 14. Environs
  - 15. "Do \_\_\_ others"
  - 16. Of greater seriousness
  - 17. Convents
  - 19. Fill with joy
  - 20. 70's dance music
  - 21. Pioneers
  - 23. Rules of evidence
  - 25. Style
  - 28. Whichever
  - 29. Each
  - 32. Take back
  - 33. Central
  - 34. Fee for transit
  - 35. By mouth
  - 36. House
  - 38. Ages
  - 39. Threshold
  - 40. Top
  - 41. Modify
  - 43. Golf ball support
  - 44. Hog
  - 45. Bewilders
  - 46. Twin-hulled boat
  - 48. Dairy farmer
  - 50. Utopian
  - 54. Multitude
  - 55. Forever
  - 57. Extraterrestrial
  - 58. Auspices
  - 59. Streetcar
  - 61. Drunkards
  - 62. Bygone era
- DOWN**
- 1. Orchestra
  - 2. African sheep
  - 3. Focusing glass
  - 4. Big band venue
  - 5. Mongrel
  - 6. Occurring together
  - 7. Precipitous
  - 8. Not requiring stamps
  - 9. Stinky
  - 10. Fables
  - 11. Partially open
  - 12. Parcels of land
  - 13. Before, in poetry
  - 18. Rose dye
  - 22. More affectionate
  - 24. Wholeness
  - 25. Ice a cake
  - 26. Eagle's home
  - 27. Weighing machine
  - 29. Monetary units of Serbia
  - 30. Delete
  - 31. Pauses
  - 33. In style
  - 34. Fertility
  - 37. Cases of having 2 spouses
  - 42. Electronic letter
  - 44. Mother or father
  - 45. Thief
  - 46. Apple-based alcoholic drink
  - 47. Tropical fruit
  - 48. Buffoon
  - 49. Diva's solo
  - 51. River in Spain
  - 52. Winglike
  - 53. European dune grass
  - 54. Possesses
  - 56. S

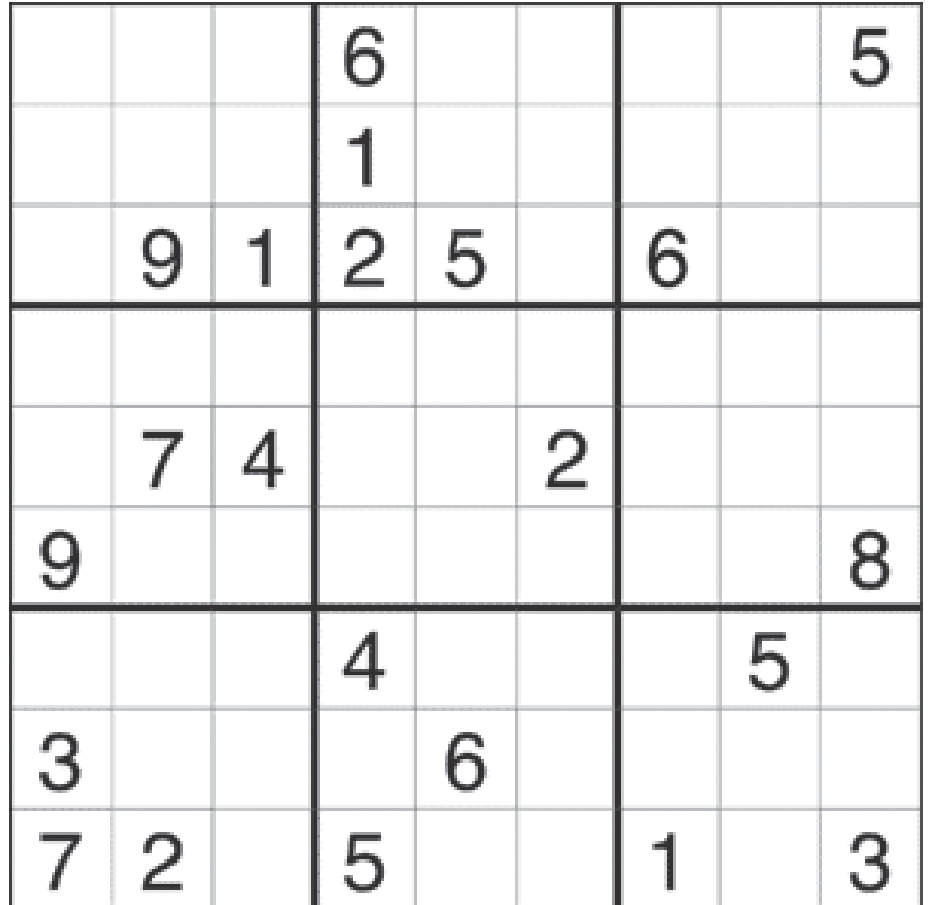
## Binox



© 2018 Krazydad.com

The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

## Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## Transportation

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- |           |            |               |            |
|-----------|------------|---------------|------------|
| AIRPLANE  | FERRY      | RICKSHAW      | SNOWMOBILE |
| BICYCLE   | GONDOLA    | ROCKET        | SUBMARINE  |
| BLIMP     | HORSE      | ROLLER BLADES | TRAIN      |
| BOAT      | JET        | SCOOTER       | TRAM       |
| CAMEL     | MOPED      | SHIP          | TRUCK      |
| CANOE     | MOTORCYCLE | SKATEBOARD    | VAN        |
| CARRIAGE  | PARACHUTE  | SKIS          | WAGON      |
| ELEVATOR  | RAFT       | SLED          | YACHT      |
| ESCALATOR |            |               |            |

# Liberal Jewish Temple

OF COCONUT CREEK



*A Temple With A Heart*

We welcome you to join us for  
**Shabbat Services**

Friday, May 12th and

Friday, May 26th at 7:30 PM

**Rabbi Paul M. Offenkrantz Officiating**

**We Look Forward To Seeing You**

at our **NEW Place to Worship**

**Centura Parc Clubhouse**

2395 NW 36th Ave., Coconut Creek

two lights east of Lyons & Copans Rds.

For Information Call: Iris Arlan, President

**(954) 532-5268**



**MARCUS SMITH**  
ACUPUNCTURE

**Safe, gentle, effective care  
without surgery, drugs, or  
negative side effects**

**Specializing in the relief of Acute and Chronic  
Pain, Neuropathy and Neurological issues,  
Anxiety, Insomnia and Digestive problems.**

We accept Humana Gold Plus HMO,  
Cigna, Veterans Community Care  
(administered through the VA),  
Worker's Compensation and out-of-  
network acupuncture benefits.



Marcus Smith, AP  
Florida Licensed (AP1954)  
Nationally Certified (NCCAOM)  
26 years of clinical experience

**Call us now to schedule  
a free consultation**



**954-907-1036**

[www.MarcusSmithAcupuncture.com](http://www.MarcusSmithAcupuncture.com)

**Belle Terre East Professional Building**  
2929 N. University Drive, Suite 204 • Coral Springs, FL 33065

# BREATHE CLEAN AIR NOW!!!

**BREAKING  
NEWS  
Air Duct cleaning  
SPECIAL  
\$140**

**"Ask" about your FREE Gift  
& our Package Specials**  
(Maximum 8 vents)  
(Reg. \$35 per vent)  
(additional charges may apply  
for mold and/or smoke damage)



## AIR DUCT CLEANING

**Our Complete Procedure includes:**

- Remove/Clean Air Registers
- Vacuum out the entire system & intake  
(where air filter is located)  
with a commercial hepa vacuum
- Sanitize system with an EPA registered  
disinfectant and re-install vents  
for proper air flow

Our Company has been family  
owned and operated providing  
professional on-time service  
for Wynmoor residents since 1992.

We are licensed and insured,  
offering a multitude of  
products/services:  
Air Duct Cleaning,  
Air Filtration/Purification  
& Water Purification.

As always, we provide  
FREE Consultations

Ask for Michael Prisciantelli

**BASSETT SERVICES**  
**(954) 974-0238**

2/2023 rev

**"ENHANCE YOUR QUALITY OF LIFE"**



**YOUR  
WYNMOOR  
EXPERTS!**

# WE'RE MOVING! TO A BRAND NEW SALES GALLERY

**DIRECTLY ACROSS THE STREET ON LYONS!**

After 15 long years inside the Wynmoor Clubhouse, we are moving to a more expansive and beautiful Sales Gallery to provide our valued customers with an improved customer service experience and an upgraded space to conduct business.

We are still conducting business as usual so please contact us using the same phone numbers below or visit our website.

**954.969.9322**  
**WYNMOORVILLAGE.COM**

## Stay tuned for our GRAND OPENING OPEN HOUSE EVENT!

- Extra space to conduct business
- An improved customer service experience
- State-of-the-art technology
- World-class Wynmoor Specialists



## LIST YOUR SEASONAL & ANNUAL RENTALS WITH US!

We have tenants who are ready & eager to move in.

### MEET YOUR ON-SITE REAL ESTATE TEAM!



**Diana Vasquez-Polit**  
561.251.7690

Diana Vasquez-Polit is a licensed Real Estate Agent with Signature International Premiere Properties, LLC



**Gayle Serra**  
954.895.0525

Gayle Serra is a licensed Real Estate Agent with Signature International Real Estate, LLC



**Bonnie Berg**  
305.978.2374



**Michael Slute**  
954.295.9351



**Marienza Rivera**  
954.608.2874



**Patricia Vasquez**  
561.430.9424

Patricia Vasquez is a licensed Real Estate Agent with Signature International Real Estate, LLC



# LONGEST ESTABLISHED REALTOR AND TITLE AGENT EXCLUSIVELY IN WYNMOOR SINCE 1990

## MELANIE "MEL" FLEMING-MATOS CALL/TEXT (954) 632-2116

### AWARDED 2022 TOP SALES AGENT #2 COMPANY WIDE

- CLOSING AGENT for Register Title
- Wynmoor Insider Newspaper
- Multiple Listing Service
- Wynmoor News & Views
- Realtor.com and More
- International Exposure
- **WynmoorExpert.BestConnectionsRealty.com**



WYNMOOR RESIDENT

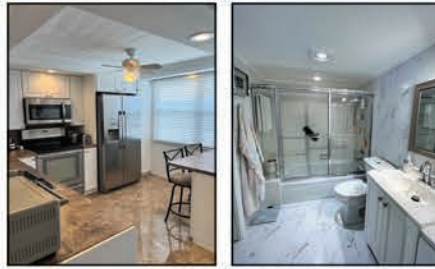
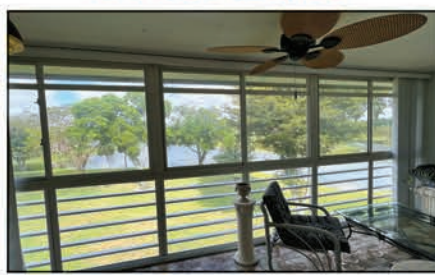
WYNMOOR INSIDER - MAY, 2023

I arrange and oversee the work (i.e. handyman, painting, staging, furniture removal, cleaning, etc.) to get the highest Price for your Unit with a great number of my Listings Selling to my numerous referral lines for a **DISCOUNTED COMMISSION**. BUYERS are shown **ALL MLS Listings** and educated about the Community from a **31yr Wynmoor Specialist** and **15yr RESIDENT** plus they have a **LICENSED TITLE CLOSING AGENT** to assist them through the entire process.

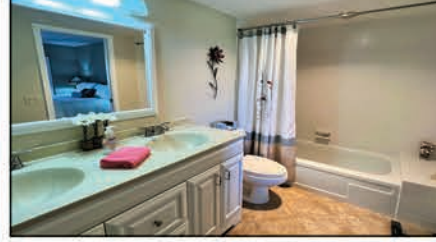
**1904 BERMUDA**  
2/2 GRND FLR CORNER  
ASKING \$266,000



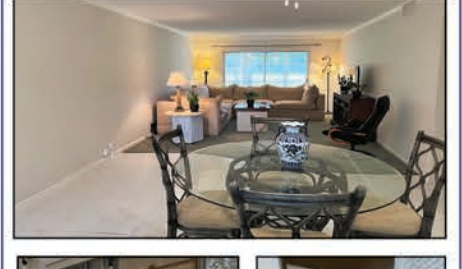
**2903 VICTORIA**  
2/2 PART FURN REMODEL  
ASKING \$259,000



**2902 VICTORIA**  
2/2 PENTHOUSE FURN  
ASKING \$214,400



**3401 BIMINI**  
2/2 W/DRYER PARTIAL FURN  
ASKING \$209,900



### ★ ★ ★ COMING SOON ★ ★ ★

**3402 BIMINI**  
**\$299,000**  
2/2 LARGEST CORNER  
LUXURY • W/DRYER  
UPDATED • GOLF/POOL IN FRONT



**1202 BAHAMA**  
**\$199,000**  
2/2 GRND FLR LAKE VIEW  
HURRICANE GLASS ENL  
PATIO • PART FURN

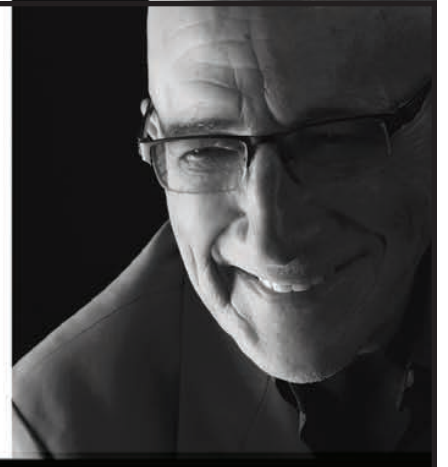



**Best Connections Realty, Inc.**  
Email: WynmoorExpert@gmail.com

Thinking about Selling, Buying or Renting?  
**TEAM UP WITH A CARING PROFESSIONAL**  
**MELANIE "MEL" FLEMING-MATOS**



**Dream**  
**Vacations** *Start Here*  
 A CRUISEONE COMPANY



**COME CRUISE WITH US**  
 TO THE HEART OF CIVILIZATION ON THE  
 CELEBRITY APEX (ONLY A FEW CABINS LEFT)  
 ON 10/16/23.

**10 NIGHT ROUND TRIP ATHENS**  
 INCLUDING 3 PORTS IN ISRAEL  
 AND 2 PORTS IN EGYPT

**PRICE: BALCONY CABIN \$2999PP** *INCLUDING ALL PORT CHARGES & TAXES*

**ALSO INCLUDES: UNLIMITED OPEN BAR,  
 GRATUITIES, WIFI & \$300 ON BOARD CREDIT**

**WITH OVER 25 YEARS IN BUSINESS, WE HAVE  
 THE KNOWLEDGE AND RELATIONSHIPS TO  
 PROVIDE YOU WITH A LUXURY EXPERIENCE  
 BOTH BOOKING & SAILING!**



**WE ARE WYNMOOR RESIDENTS!**

**WE HAVE GREAT GROUP RATES FOR WYNMOOR RESIDENTS**

**WE WANT TO BE YOUR PERSONAL TRAVEL CONCIERGE**

**WE SERVICE ALL MEANS OF LEISURE TRAVEL**

**ANYWHERE IN THE WORLD**

**CALL TODAY: 954-227-7772**

**OR VISIT OUR OFFICE  
 FESTIVAL MARKETPLACE**

**2900 W. SAMPLE RD, BOOTH 5305, POMPANO BEACH, FL 33073**

**Seller of Travel Numbers CST 2006278-40 WA 601698664 IA655 F ST-35829 NV 2005-0073**

# FLL - FORT LAUDERDALE HOLLYWOOD INTERNATIONAL VOLUNTEER AMBASSADOR PROGRAM



Looking for a good will ambassador, making a positive impression on the passengers traveling through FLL each year.

For more information or to apply to the FLL Airport Ambassadors Program visit us at: [www.broward.org/airport/community](http://www.broward.org/airport/community)

**320 Terminal Drive, Suite 200 • Fort Lauderdale, FL 33315**  
or call **954-359-2589**

or email [VolunteerFLL@broward.org](mailto:VolunteerFLL@broward.org)

Attention: Heslop Kadiana for any and all questions.



## Sell or Rent Your Wynmoor Condo Quickly and at the BEST Price!



**MICHAEL SLUTE, Realtor®**

**954.295.9351**

[Michael@WynmoorVillage.com](mailto:Michael@WynmoorVillage.com)

- ✓ Top person in condo sales
- ✓ First in seasonal & annual rentals
- ✓ Quickest & most profitable Selling Agent in the Wynmoor office
- ✓ The best to achieve success
- ✓ One nice guy to do business with!
- ✓ Free Consultation

**2019  
SUPER  
S.T.A.R.  
AWARD**



#1 REALTOR® Companywide  
Total Rentals

#5 REALTOR® (Tie) Companywide  
Total Combined Sales & Rentals



**CALL NOW  
954-295-9351**

Wynmoor Real Estate, LLC  
is a division of the

Ben G. Schachter, Licensed Real Estate Broker



REAL ESTATE COMPANIES



Looking to Rent?  
Seasonal or Annual?  
Let me do that for you!  
I have many clients looking  
to live in Wynmoor!  
Call for appointment.  
954.295.9351



# WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA



## Spring Tips for Golf

**Strategy For Teeing Off** - WCC has most of the trouble on the right side of the hole. These water hazards can be managed best by teeing off on the same side of the trouble. For instance, hole number 1 with the big lake on the right would be best to be as far right on the tee box aiming more toward the cart path.

**Putting** - Especially on your uphill and level putts strive to have enough pace on the ball to have the ball roll 18 inches past the hole for your speed. This idea accounts for the subtle breaks in the green and any green imperfections.

**Chipping** - Hit more "bump and run" shots with the ball positioned more toward your rear foot with more weight on you lead foot. The strategy is to get the ball on the ground as soon as possible making it a putt sooner than later.

**Driving** - Utilize a more "closed stance" with your trail foot recessed and behind your lead foot to promote a more inside swing path and a draw. In addition to the stance adjustment try driving with your five or three wood

until you achieve the consistency and contact.

**Sand Shots** - Because on a conventional sand shot you do not touch the ball. The sand displaces the ball, the swing size is bigger than a normal pitch. A good tip is to make a big enough swing that the sand flies onto the green.

**Fairway Shots** - If the lie isn't good or you're not confusing with a fairway wood, scale back to your hybrid or even 7 iron making sure you advance the ball adequately to be able to chip or pitch your next shot.

**Warming Up** - If you can't get to the cage or range before you play go to the pitching area and hit some 15-to-20-yard pitch shots attempting to hit solid shots at this reduced speed on the center of the face. If you can't hit a few pitches make small swings with your driver and gradually adding more swing size and allow your body to follow the lead of your arms and hands. Start with the smaller swings, progressively getting bigger as you loosen up finishing with your biggest swing.

Kevin Battersby, PGA

954-444-1031

Private lessons at Palm-Aire Country Club

**STOP SCAM ALERT**

## BE SCAM CONSCIOUS!

Do NOT Give Out Your Personal Information. Make Sure You Can Verify Who Is Contacting You!

**PS**  
*The Handyman*

**We do the job you won't do.**  
Fix the Switch, Change a Bulb  
Install Fixtures, Ceiling Fans, Painting  
Shelving, Pictures & Mirrors Hung  
Put Furniture Together, Caulking, Grouting  
Replace Water & Air Filters  
Install Safety Bars, Disposals  
Toilet Repair

**GROUT MAN**

**Specializing in Grouting & Caulking**

- Tiles Reset and Replaced
- Showers
- Tubs
- Floors
- Sealing

**Call Today**

**954-892-1876**

**IMPROVE YOUR GOLF GAME!**

Using proven methods, our mindset coaching kick starts your Full potential!

Mental attitude unlocks an Improved game!

Working with The Coach has helped hundreds of players, at all levels, to Improve their game.

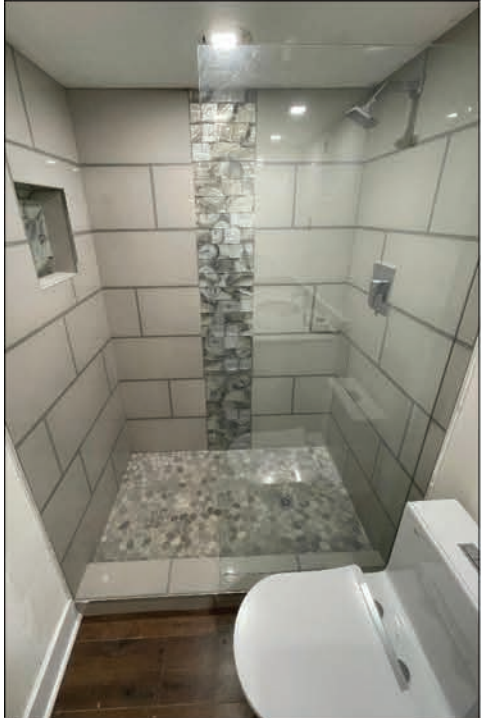
Join Stephan and watch your game Improve in your First session!

**Stephan le Roux**  
Tel: 954-868-0448

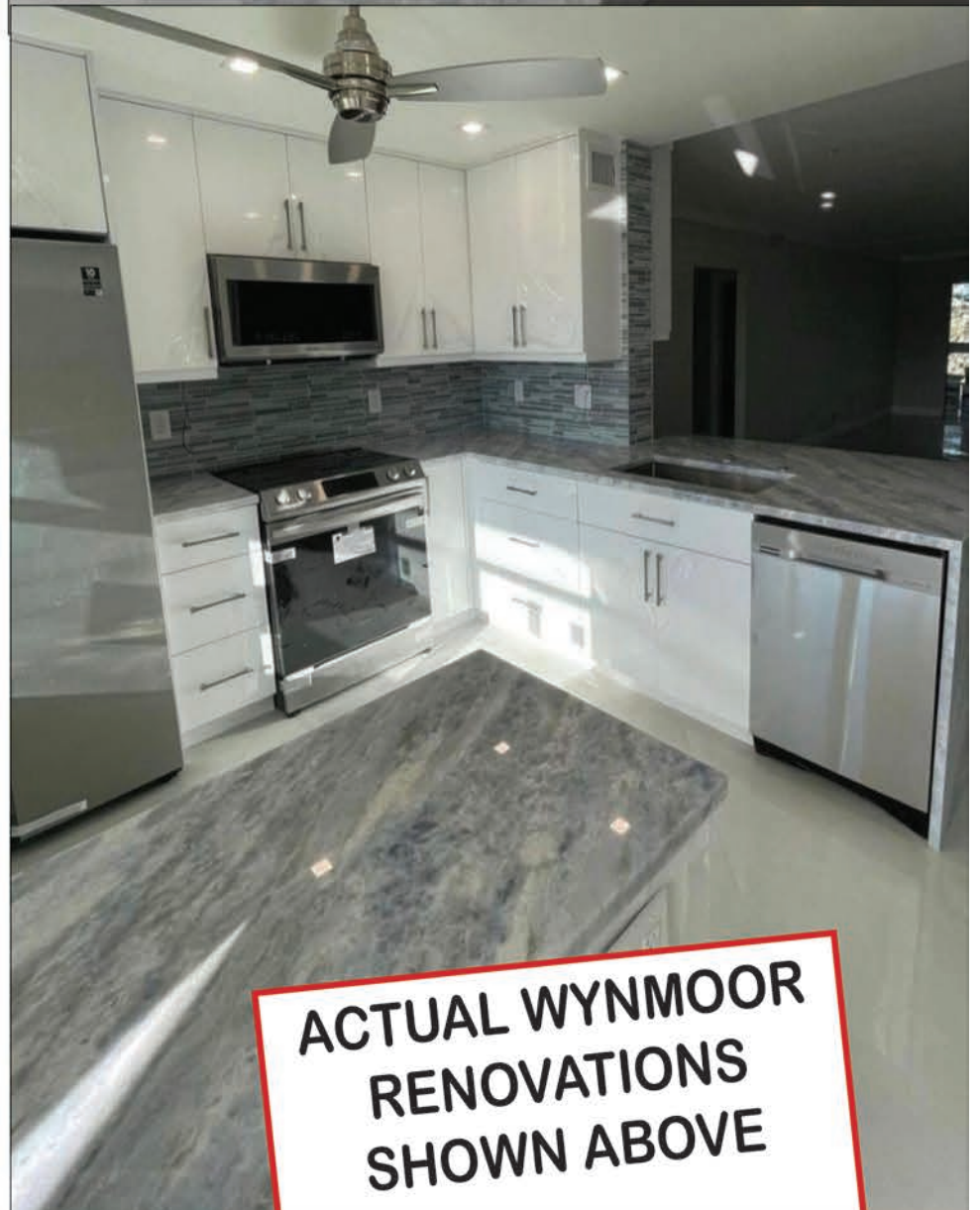
**infinite**  
Networking Energy

E-mail: profmc@mweb.co.za | www.ineuniverse.com

# WYNMOOR SPECIALIST



**Custom Built Kitchens**  
**Now Offering 3D Remodeling Renderings**



**ACTUAL WYNMOOR RENOVATIONS SHOWN ABOVE**

- Custom Kitchens
- Electrical
- Plumbing
- Flooring
- Laminate
- Tile
- Granite
- Painting
- Bathroom Remodeling
- Kitchen Remodeling
- Custom Wall Units



**ALL CABINETS MANUFACTURED AT OUR MARGATE FACILITY**



**BUILT RITE**  
DESIGN CENTER

Our Team Has Over 75 Years  
Combined Experience  
In Business 25 Years

~Visit Our Showroom~  
1479 Banks Road  
Margate, FL 33063  
954.977.4805  
954.790.4740



**ReliaCare, Inc.**  
*Excellence with a Personal Touch*

ReliaCare is a family owned and operated healthcare agency who has provided exceptional in-home personal care and assistance for two decades. Our caregivers work extremely hard in assisting people with day-to-day tasks. We are available 365 days a year, 24 hours a day to provide dependable, top quality care in the comfort of home, or, if necessary, in a facility. We accept long-term insurance and are fully bonded and insured.



**OUR EXTENSIVE SERVICES INCLUDE:**

- **Personal Care:** dressing, incontinence care, transferring and positioning, grooming and oral hygiene, assistance with walking and standing, bathing, skin care.
- **Light Housekeeping**
- **Running Errands:** grocery shopping, picking up prescriptions, transporting patients to appointments, shopping.
- **Physical Assistance:** Escort on walks, assistance with physical therapy exercises, recreational activities.
- **Feeding Services:** Plan, purchase, and prepare tasty, nutritious meals, special diet meal preparation, check on food expiration dates.
- **Social Services:** Visit with friends, family, neighbors, attend/transport to religious services, attend/transport to social/club meetings.
- **Companionship Services**
- **Medication Reminders and Monitoring**
- **Birthday/Anniversary Reminders & Cards**
- **Appointment Scheduling & Reminders**
- **Observe Mental/Physical Changes**

**954.432.6552**  
[www.ReliaCareInc.com](http://www.ReliaCareInc.com)



# Wednesday Night 9-Ball Winners

*Photos by George Soussou*

**By Bob Horowitz**

Have fun and meet new friends! Open to all levels of skill from the beginner to the advanced player. Open to men and women. Our popular Round-Robin, Handicapped, 9-ball tournament is open to all Wynmoor Pool Club Members\* and their guests. This event is 6:00 to 8:00 p.m. every Wednesday at the Wynmoor Clubhouse/Poolroom.

For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, Email [WynmoorPoolClub@gmail.com](mailto:WynmoorPoolClub@gmail.com)

**FREE POOL LESSONS:** Pool Lessons are free for Wynmoor Pool Club Members. They are \$5.00 each for non-members.



# BINGO

**TEMPLE BETH AM of MARGATE**

**Monday Nights**  
Doors open 5 PM - Early Bird Bingo 6:30 PM  
Best Cash Prizes including \$1000 Power Ball!  
First-timers get a FREE DABBER!

**Wednesday Mornings**  
Doors open 10 AM - Early Bird Bingo 11 AM  
\$500 Lucky Ball!

Sandwiches and snacks available for purchase \* No outside food allowed \*  
**7205 Royal Palm Boulevard • Margate FL 33063**  
(NW corner of Royal Palm Blvd and Rock Island Rd)  
[BINGO@BETH-AM.ORG](mailto:BINGO@BETH-AM.ORG) 954.968.4545



Week 13- Top row: Ameer 3rd, Denis 2nd, Julio 2nd, Eddie Z 3rd, Bottom row: Yuri 1st, Fred 2nd



Week 14- Denis 3rd, Tony C 1st, Julio 2nd



Week 15- Rich R 1st, Ed Z, Lisa, Julio & Denis Tied 2nd



Week 16 Tony C tied 1st, Eddie Z 2nd, Jon tied 1st



Week 17- David and Bob H tied 2nd, Fred 1st



# HAPPY TAILS

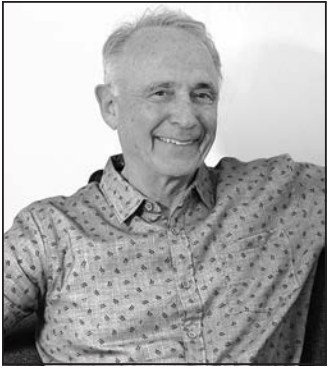
pet sitting & dog walking

Trustworthy & friendly pet sitting and dog walking services for residents of Wynmoor, and all of Broward County.

Offering daily and long-term affordable rates!

Call for a **FREE** meet and greet  
**954.254.4169**  
[www.happytailsbroward.com](http://www.happytailsbroward.com)

**SERVICING WYNMOOR RESIDENTS**



# HISTORIC MOMENTS

By Barry Singer

## Arnold's March to Quebec in 1775

Two hundred forty-eight years ago, in the summer of 1775, the Continental Congress, just after appointing George Washington as Commander in Chief, orders Major General Phillip Schuyler to take Canada if he finds doing so “practicable” and “not disagreeable to the Canadians.” After the capture of Fort Ticonderoga in May, Congress invites the 80,000 Canadians (mostly of French origin) in Quebec, to join in opposing the British. The Canadians are cool to the idea, but Ethan Allen and Benedict Arnold are hot. They had just captured fort Ticonderoga in May, virtually without firing a shot, stoking their already large ambitions.

As General Schuyler prepares his troops in Western New York to invade Canada via the easier and more traditionally used approach via Lake Champlain, George Washington assigns Benedict Arnold to lead the right flank, an expedition from Massachusetts through the Maine wilderness to the shore of the St. Lawrence River directly opposite Quebec City.

Benedict Arnold is 34 years-old, a successful Connecticut merchant filled with military ambitions. After his bold gamble and resulting easy victory at Fort Ticonderoga, this next adventure, the taking of Quebec, would provide even more glory and military honors. Arnold's optimism, however, is exceeded only by his ignorance of the terrain of the northeast. In late September his force of about 1,100 starts up the Kenebec River to cross the Maine wilderness to Quebec.

Arnold's painful march to Quebec has become the stuff of legend, including the loss of foodstuffs, portages of 200 heavy boats (bateaux) over great distances. The boats along with ammunition and supplies weigh 400 pounds each. Arnold thinks he will be demanding the surrender of Quebec within three weeks from Sir Guy Carlton, the British General serving as Governor. However, it takes his band six weeks just to cross the Maine wilderness. It takes them until November 8th to arrive at the St. Lawrence River. Out of the 1,100 men who started, about 400 of them turn back, and about 100 more fall sick or die on the trip.

On September 19th, Arnold's force sails about 150 miles from Newburyport to the mouth of the Kenebec River. The river is wider at its mouth, allowing their ships to reach Gardinerstown on September 22nd. There, the narrowness of the river forces them to switch to small boats (bateaux) or march along on the shore. Rocks and brush came right to the edge of the river making portage difficult. “Each bateau was poled upstream by a sweating crew, assisted by lines from soldiers tugging from the difficult banks. Scouts made their way in advance, sending back reports for the bateaux crews.”

Not until October 11th does the expedition reach the Great Carrying Place, a portage of 12 miles. Way before then, the boats leak, and a great part of the foodstuffs are ruined. The men fish for trout to replenish their food supply. Many are exhausted from carrying the heavy boats such a great distance. With many of the foodstuffs ruined, a diet of salt pork and the drinking of stagnant water causes many cases of diarrhea.

From there the trip becomes even harder and more dangerous. They enter the Dead River, which not only has a strong current against them, but is filled

with sunken logs and brush further impeding their progress. After October 19th a heavy rain falls for three days, overflowing the Dead River's banks, and making travel still harder.

The wilderness begins taking its toll. “High winds, freezing temperatures and incessant rains made the passage difficult and rest nearly impossible. On October 22nd their camp was swamped by water which rose 8 feet in nine hours.” On October 25th at a Council of War, Lt. Colonel Roger Enos' division of about 300 men votes to turn back. Arnold lets them go rather than face a mutiny.

Near the end of October, the expedition finishes the 30 miles to reach the Height of Land, the watershed between the Kenebec and Chaudiere Rivers. By now, snow is falling, many men are sick, and without enough food or clothing. But they still must cross Lake Magantic and travel down the Chaudiere River to the St Lawrence. “Finally, they reached the Chaudiere. But they were now completely out of food and survived only by eating moccasins, shot pouches, and soap.”

At last, on November 8th, this exhausted band of travelers reaches the St Lawrence River on the shore opposite Quebec City. By this time, however, they must rest and recover. They are in no condition to fight. The actual battle, known as the Battle of Quebec, takes place on December 31st, and results in a resounding victory for the Canadians and the British. A few months later the remaining American force withdraws completely from Canada. It is amazing that Arnold's men arrived at all, and thus this “little excursion” passed into history as one of the 18th century's most difficult and remarkable military expeditions.

### About the Author

Barry lives part of the year at Wynmoor and is a volunteer with the Historical Society of Princeton, NJ, speaking about the American Revolution and leading walking tours in historic Princeton. To learn more about Barry's activities, visit [www.barrysinger.co](http://www.barrysinger.co)



Chaudiere Falls, painting by Joseph Legare

PLEASE PATRONIZE OUR ADVERTISERS.  
TELL THEM YOU SAW THEIR AD IN THIS PAPER.



**DR. LAUREN ZIPES, DPM**

*Board Certified*

**FOOT and ANKLE SPECIALIST**

5432 West Sample Road • Margate, Florida 33073

**(954) 979-9795**

House Calls Available


Open 5 days a week • Located in Peppertree Plaza






DR. LAUREN ZIPES, DPM

- Toenail & Foot Fungus
- Ingrown Toenails
- Custom Orthotics
- Circulation & Nerve Problems
- Bunions & Hammertoes
- Wound Care
- Corns & Calluses
- Ankle Pain
- Diabetic Foot Care
- Foot Surgery
- Warts
- Sprains & Fractures

**We will get you back on your feet!**



**CENTER FOR DERMATOLOGY**  
**Peter Wallach MD Welcomes to the Practice**  
**Leor Porges DO & Stefani Guerrero, PA-C**  
 Board Certified Dermatologist, Leor Porges, DO  
 Board Certified Physician Assistant, Stefani Guerrero, PA-C

Dermatologic Surgery • Skin Cancer Specialists • Hair & Nail Specialists • MOHS Surgery  
 Laser Treatment for Age (Brown) Spots, Spider Veins, Facial & Body Hair, Psoriasis  
 Botox® • Restylane® • Sculptra® • PhotoFacial IPL® • Microneedling & PRP  
 Full Line of Aesthetic Products & Services • HydraFacial® • Facials, Peels & Skin Care Products

1460 N. University Drive • Coral Springs • 954.752.7552  
 1379 Lyons Road • Coconut Creek • 954.975.4010  
[www.scacce.com](http://www.scacce.com)




**SOUTH FLORIDA ENT ASSOCIATES**

**Todd A. Kupferman, MD, FAAOA**  
 Ear Nose & Throat \* Allergy \* Facial Rejuvenation  
 Board Certified

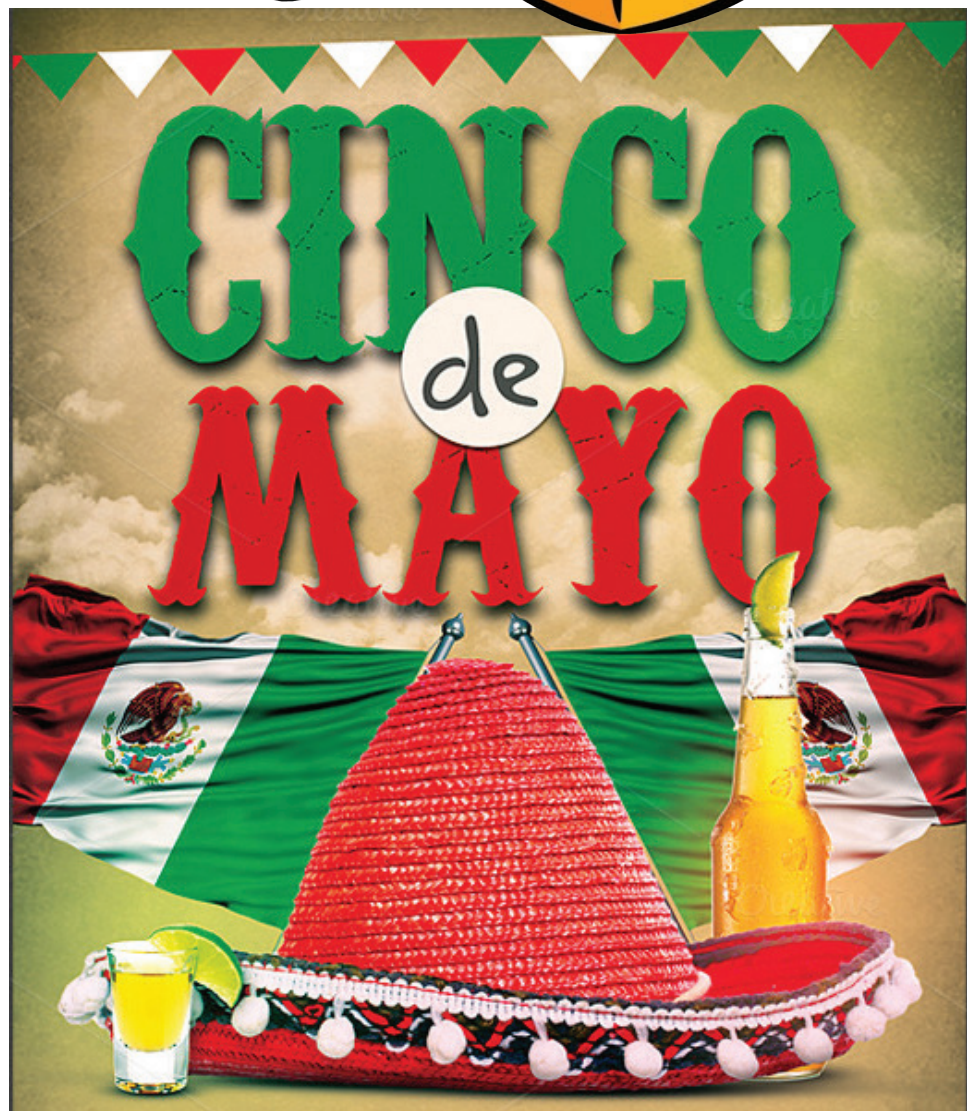
- Hearing Aids
- Tinnitus & Vertigo
- Rhinoplasty
- Sinus & Voice Disorders
- Microdermabrasion & Peels
- Skin Tightening Fillers
- Body Contouring
- Laser Hair Removal

5800 Colonial Drive, #105  
 Margate, FL 33064

3126 North Federal Highway  
 Lighthouse Point, FL 33064

ENTAllergyRejuvenation.com

**(954) 785-0900**



**SUNSHINE**  
**lock and key**

*Family Owned and Operated Licensed & Insured*  
*All Service Calls Personally Handled By The Owner*  
*Serving WYNMOOR and Broward Residents Over 30 Years*

**Master Key Specialist**  
 Life-Member of A.L.O.A.  
 (Associated Locksmith's of America)

Call **TERRY** at **954-783-keys (5397)**

**WYNMOOR RESIDENTS ONLY** EACH SERVICE CALL  
**\$10.00 OFF**

*MUST MENTION THIS COUPON AT TIME OF SERVICE.*

Re-keying • Master-keying • Repairing **2 EXTRA KEYS WITH NEW LOCKS**  
 ALL MAJOR BRANDS OF SECURITY LOCKS

We Install Mailbox Locks, Safes and Padlocks  
**BE CAREFUL OF WHO IS CHANGING YOUR LOCKS**

*Maid For Today*  
**CLEANING SERVICE**  
 LICENSED • BONDED • INSURED  
 OVER 35 YEARS IN BUSINESS

**COMPETITIVE PRICING**

**NEW CUSTOMERS SPECIAL**  
**HOUSE CLEANING 25% OFF**  
 (3 HOUR MINIMUM)

**954-968-0063**  
[maidfortodayofsouthflorida.com](http://maidfortodayofsouthflorida.com)

WE ARE TAKING EXTRA PRECAUTIONS TO KEEP YOU SAFE, BY USING COMMERCIAL GRADE DISINFECTANTS TO KEEP YOUR HOME SANITIZED.





# ASK DR. JOY

By Joy Berke Sanchez Ph.D.



I was asked a question a while back about whether being alone a lot constitutes being depressed. I didn't have a lot of information and didn't know who submitted the inquiry so here's my answer as best as possible under the circumstances.

Not really knowing how you feel it is somewhat difficult to answer you directly so I'll do a few different scenarios. If a person is depressed and staying home and alone for days on end without having any personal contact, this is something that needs to be addressed professionally.

Especially if the person is not eating well, not showering, and/or sleeping a great deal. This is obviously symptomatic of emotional decline or trauma.

If this is the case with you or anyone you know, please do not hesitate to let your primary care physician know so a mental health professional can be brought in. Medication may be appropriate but this would be after an evaluation by a clinical psychologist or psychiatrist. Only the psychiatrist who is an M.D. can prescribe medication but it can be at the suggestion of the psychologist.

If this is not the situation, let's look at others. There are times when you just don't want to deal with the negativity or intrusiveness of others and find yourself withdrawing from contact. The issue here would be how often and for how long. If you enjoy your home and your own company and find it peaceful and relaxing that's great. If you have things to do alone that are enjoyable to you and you get real pleasure from this, once again no problem at all. If you do this part of your day or a few days a week while seeing other people at other times and find yourself having a good time with them, this is the perfect balance for you. Everyone is different. Sometimes it's problematic when you are alone all the time and on the other hand some people cannot be alone at all and that is just as problematic. A frantic obsession with needing people to eat every meal with or go shopping or having to be busy constantly with others says quite a lot about a fear of being alone. Once again, everyone has different needs and enjoyments. If you are withdrawing from people who at one time gave you pleasure and you enjoyed their company what changed for you? This is an important piece of information to evaluate why you are isolating.

You mentioned that your children think you are alone too much. Have you asked them why they think this? Perhaps they think you aren't feeling well and that's why you are not as busy. Remember they have known you all their lives and they may be seeing changes in you that concern them. Have you told them you are tired of people's negativity or problems and want to avoid listening to them or speaking about them? They would probably understand that as they most likely have people like that in their own lives. I know I was so busy when I was younger between work, family, home, travel, entertainment, etc. that it was easier to avoid unpleasant people. But what about pleasant people? If they are being avoided, that's a larger issue.

I see that my own daughters seem to feel better when they think I am busy and engaged. Even if I spend a lot of time alone (which I do), they know I am writing an article or another book or reading or watching something I really enjoy on TV and that I still see people at some point most days, play Mah Jongg, take classes and lead others etc. Let your children know you are enjoying your time alone and on the lookout for more positive, interesting people to spend your time with. Only you know if there is more to your being alone than you have said. Maybe you do feel fatigued or lethargic and just can't seem to get yourself going. Maybe when people discuss their problems with you, you are too empathic and take it on yourself and this is draining. There is a difference in being compassionate and being empathic. Compassion is feeling for another person while empathy is taking it on yourself and actually feeling their pain (or pleasure, but that's pretty good). You don't want to take on someone else's pain and if the only way you can avoid doing this is to withdraw, then that is a great solution. Being a compassionate, caring person is different as long as you remember you don't have to fix anything for them and that your being there is enough. But if you find yourself taking on their burden, then that is your cue to leave, be alone and re-group.

If happy people are sharing good news with you, do you partake? What are you feeling under those conditions? As you can see, I'm attempting to ascertain what your withdrawal is due to.

I think what made me a good therapist during my working years was my ability to not collapse into the client's pain. Only by keeping my boundaries and perspective was I able to be of assistance to them.

There is quite a bit of information here so take from it what you find helpful and leave the rest. If you have a follow-up question, I would be happy to address it.



## America's Finest Painting

- Painting & Decorating
- Install Tile or Wood Flooring
- Remove & Replace Old-Style Kitchen Ceilings
- Cabinet Restoration from \$1299 inc/hardware
- Modern Doors & Baseboards Installed
- Update Your Mirrors & Medicine Cabinets
- All Handyman Services

SPECIAL 20% OFF  
your total contract

### NO JOB TOO SMALL



**GEORGE**  
(954) 675-9655

Fb.me/Americafinestpaintingcompany  
Licensed & Insured CC#15-P-18543X



## BACK IN ACTION PHYSICAL THERAPY

Individualized treatment programs designed specifically for your condition

Arthritis, Balance Disorders, Pain Management, Post Surgical Rehabilitation, Scar Therapy

Our therapists have received specialized training in

### MPS ELECTRICAL ACUPUNCTURE POINT TREATMENT

Utilizing traditional acupuncture points with micro electrical current to successfully treat your most painful conditions.

Call for a free consultation on how to improve health and immunity.

### STANDING VIBRATIONAL THERAPY

Clinically proven to improve Osteoporosis, Joint Stability and Balance.

**Coconut Creek • 3720A Coconut Creek Parkway**  
**(954) 978-0209**

# BAER HANDYMAN

CALL TODAY 954-632-9620

FREE  
ESTIMATES



INSTALLATION  
MAINTENANCE  
REPAIRS  
PLUMBING  
ELECTRICAL  
DRYWALL  
CARPENTRY  
AND MUCH MORE...

Licensed and Insured, in Florida

**DON'T BE A VICTIM**

# Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

## Too Good To Be True Scams Pick Back Up



In viewing the scam reports over the past month, I noticed that the “too good to be true” scams seem to be picking back up. A “too good to be true” scam is exactly as it says it is, it’s too good to be true. A recent example comes from a report in late March when a Wynmoor couple told an officer they had been scammed by someone posing as an agent

for their cable/Internet provider, Comcast.

The scammer called them up explaining that they had some great new promotional deals in which they could take advantage. But instead of billing them, the scammer asked that they use a cash app on one of their phones to pay for these “exciting deals.” This request should always be viewed as an enormous red flag that it’s a scam. Legitimate companies bill you. Fraudsters ask for cash apps or gift cards.

The couple figured it out once they got behind on their cable and internet bill. It appears that the bad guys also cloned a phone number for a legit business up in Palm Beach County so that the number they used to call the couple would look local and real.

The bottom line is to remember that if it sounds too good to be true... it is. I know I’ve never had my Internet or cable provider suddenly call me out of the blue with a great idea that would give them less of my money. Usually,

it’s the opposite. My bill goes up. I’ve been able to make deals with my cable company, but only after I called them first.

### May is Bicycle Safety Month

May is National Bicycle Safety Awareness Month. While most of the education we do is geared toward kids, it’s important to remember to share the road when you’re out on your bike. We recommend wearing a helmet no matter your age (children 16 years and younger are required to wear one by law). We encourage riders to use the sidewalk when they can. If you’re riding on the roadway, remember that the law sees you as a vehicle. So, you have to stop at all stop signs and red lights and obey all the rules of the road. It’s important to remember to wear bright clothing if you’re riding at night. Always have your lights and reflectors on your bicycle as well so you can be seen by motorists.

### CreekArmor is available for download on your phones

Our safety app, CreekArmor is available for download on your phone using the Apple Store or Google Play. It’s free. We’re using it to notify you about traffic jams and other situations that might save you time and headache. It has a panic button that alerts our Real Time Crime Center of your location, as long as you’re within city limits, and gives you the option to call 911. It also has a cool “Walk with a Friend” feature where you can invite a friend to monitor you while you’re on a walk or run. You can find out more by visiting [www.coconutcreek.net/creekarmor](http://www.coconutcreek.net/creekarmor). Email me if you have any issues downloading the app. My email address is [sleamon@coconutcreek.net](mailto:sleamon@coconutcreek.net).

**SPEED LIMIT**  
**25**

## Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

**SPEED LIMIT**  
**15**

**Refresh The Air You Breathe Inside Your Home!**

# Florida KOOL! A/C

Lic# CMC 1249345 • Insured

**OFF SEASON SPECIAL PRICING ON A/C UNIT REPLACEMENTS**

---

**HOT WATER HEATER REPLACEMENT**

**\$39** A/C Tune-Up Special  
Includes 1 lb. of Freon  
With this coupon only.

**\$69** Dryer Vent Cleaning  
Call for details!  
With this coupon only.

**ONLY \$89** Air Duct Cleaning  
Unlimited Number of Vents per A/C  
With this coupon only.

**24/7 A/C Repair**

More Savings With **KOOL!**

**Ask About Our Maintenance Plans! - CALL TODAY!**  
**561-202-4774 OR 954-385-6321**

**ALL COUNTY®**  
Freedom Property Management  
Home/Condo Watching

**WHO Is Watching Your Home/Condo When YOU Are Not Here?**  
**WE are Here for YOU!**

**WE can...**

- ✓ Watch your home while you are gone. We watch over 480 condos in South FL.
- ✓ Provide weekly home checks and email a report of findings with GPS location. No sign in sheet.
- ✓ Check for leaks, mold/mildew, humidity reading, refrigerator, AC, change filters if requested, etc.
- ✓ Seal off toilets/sink drains to prevent bugs from coming in and we check for pests each visit.
- ✓ Help you comply with Homeowners insurance guidelines and Condo association rules.
- ✓ Check that the main water valve is turned off after each inspection (unless otherwise requested by client).
- ✓ Check electric panel for tripped breakers and make sure electric water heater breaker is turned off.
- ✓ IMMEDIATELY report to Client of any abnormalities found.
- ✓ Try to accommodate any other service that is not listed. Just let us know what you require.

**Refer a friend, and get one month of service for FREE.**

If you need Home/Condo watching services in Broward or Palm Beach Counties, or have any questions, please call

**Jeff Goldsmith | 954.280.2200**



# OUTPATIENT THERAPY AT HOME



## Dr. Bronson Bartolone

I am the owner of Florida Strong Physical Therapy, and currently licensed in state of Florida. I have extensive experience with evaluating and treating musculoskeletal, neurological, vestibular impairments, sports injuries, total joint replacements, arthroscopic surgeries, and falls prevention. I received my Doctorate in Physical Therapy from Youngstown State University. I am dedicated to providing top quality care for all my clients!

We are a fully equipped physical therapy business that offers private concierge services.



We are experts at treating all types of aches and pains.



We bring all the equipment you need.

- Total Joint Replacements
- Neck & Back Pain
- Arthritis
- Balance Training
- Rotator Cuff Injuries
- Tendonitis/Buritis
- Sprains & Strains
- Foot/Ankle
- Massage & E-Stim
- Aquatic Exercise

### INSURANCES ACCEPTED:

- Medicare Part B
- Aetna Medicare (PPO)
- Other Medicare Replacements
- Various Cash Options Available

**CALL**  
**305-397-9440**





**BONNIE BERG**

**BEN G. SCHACHTER**

Licensed Real Estate Broker

**WYNMOOR REAL ESTATE LLC**

division of the Signature Real Estate Companies

**PLEASE CALL or VISIT ME!**

Cell: (305) 978-2374

[BBerg@WynmoorVillage.com](mailto:BBerg@WynmoorVillage.com)

[www.WynmoorVillage.com](http://www.WynmoorVillage.com)

**BONNIE IS A RECOGNIZED  
2022 TOP AGENT PRODUCER**

**Condos Are Selling  
In Record Time!**

*Service From The Heart*

The Wynmoor Sales Team has always been amongst the Top Producers, selling and closing more properties than any other Real Estate Office. Our reputation is excellent and I have appreciated many referrals from the Wynmoor residents. I have made so many wonderful dear friends, both buyers and sellers, and feel very fortunate to have them in my life. You can find me seven days a week, out and about Wynmoor, listing and showing properties. Look for the "The Red Hat Lady." I continue to work 100% on behalf of Wynmoor Country Club, which I really love and appreciate.

Most Sincerely,  
Bonnie Berg



**NEW and BEAUTIFUL INVENTORY**

1603 Abaco A4	Corner 2bed 2bath Magnificent "ONE OF A KIND REMODELED," Turn Key, W&D .....	\$415,000
3005 Portofino	2bed bath Renovated, Impact Windows, Water View .....	\$299,000
2802 Victoria	2/2 Beautifully Renovated, Gorgeous View .....	<b>SOLD</b> \$289,000
2005 Granada	2bed 2bath Renovated, Lake View W&D .....	<b>SOLD</b> \$275,000
1603 Abaco B3	2bed 2bath Juniper Renovated W&D .....	<b>SOLD</b> \$265,000
3403 Bimini H1	2bed 2bath Great Village Lake Views W&D .....	<b>SOLD</b> \$229,000
2004 Granada K1	2bed 2bath Renovated, Pool Views, W&D .....	\$229,000
1603 Abaco H2	2bed 2bath, Juniper Model, Renovated, Great Location .....	\$205,000
3204 Portofino	2/2 Lovely, Move-In Magnificent Lake Views .....	<b>SOLD</b> \$219,000
1606 Abaco	Partially Renovated, Washer & Dryer.....	<b>SOLD</b> \$215,000
1503 Cayman	2/2 Juniper, Great Location, Washer & Dryer .....	<b>SOLD</b> \$189,000
2904 Victoria L4	2bed2bath Lovely View, Partially Renovated .....	<b>SOLD</b> \$169,000
3305 Aruba N4	2/2 Huge Luxiorous Interior, Washer & Dryer .....	<b>SOLD</b> \$164,000
3203 Portofino L2	2/2 Move-In Condition, Great View .....	<b>SOLD</b> \$159,000
4702 Martinique A2	2bed 2bath Corner, Motivated Seller .....	<b>SOLD</b> \$150,000

**WYNMOOR EXPERT • 16 YEARS TOP PRODUCER • AVAILABLE 7 DAYS A WEEK**

**AIR CONDITIONING AND PLUMBING**

**Ultra A/C - (877) 333-0189 Toll Free**



**Replacement Systems**

- 2 Ton 14 Seer System - Rheem \$3950
  - 2.5 Ton 14 Seer System - Rheem \$4250
  - 3 Ton 14 Seer System - Rheem \$4650
- (Other brands available upon request)

**Warranties**

10 years complete systems  
1 year first co Airhandler / 2 years labor all systems  
Includes: Digital thermostat, flood safety device, disconnect box, hurricane straps, armaflex insulation, Heater, crane, permit fee, removal disposal of existing system, and labor.

- Repair Diagnosis .....\$ 85
- Maintenance Check-up.....\$ 99
- 30 gallon water heater.....\$1,250
- 40 gallon water heater.....\$1,350  
(excludes permit fee)

Duct Cleaning and Sanitation \$399  
Plumbing by Alex

Lic: CAC1815439



**WHOLE HOUSE DISINFECTANT TREATMENT... STOP THE SPREAD  
STARTING AT \$599**



# Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

**If you are 55+** and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit [www.coconutcreektherapy.com/backpain](http://www.coconutcreektherapy.com/backpain) to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



Brendan is a  
17 plus year  
Veteran Painter  
in South Florida

Florida License  
(CC# 11-PU-15578-X)

954-471-4543

## P A I N T I N G

Popcorn/Wallpaper Removal  
Rooms and Ceilings Painted

Bathtubs/Bathroom Tiles Refurbished  
Cabinets Prepped, Primed and Painted

**NEW COUNTERTOPS INSTALLED \$795!**

**DON'T DELAY, CALL TODAY**

**Call Brendan 954-471-4543**

**SUPPORT YOUR LOCAL VETS**

*Listen to what our customers "say" about us at:  
[myhartfordpainting.com](http://myhartfordpainting.com)*

# COMPUTER and PRINTER

*Problem Solving and Installations*



**PATRICK O'BRIEN**

- ALL COMPUTER MAKES AND MODELS  
Set-Up to: Netflix, Amazon Prime and other Smart-TV Apps.
- APPLE WATCH LESSONS  
iPAD, iPHONE HELP INCLUDING E-MAIL

**954-973-3074**  
WYNMOOR REFERENCES AVAILABLE

# PRECIOUS METALS & RARE COINS



**WE BUY & SELL ALL TYPES OF**

- GOLD COINS
- SILVER COINS
- COPPER COINS
- FOREIGN COINS
- PROOF & MINT SETS
- STERLING SILVER
- ANTIQUES
- JEWELRY OLD OR NEW
- FLATWARE
- DENTAL GOLD
- PLATINUM
- PAPER BANK NOTES
- STAMPS
- SPORTS CARDS

**OFFERING "FREE APPRAISALS"**  
*We Make House Calls In Wynmoor*

**Our Show Room Is Open In The Lyons Plaza**  
*48 Year Resident of Coconut Creek*

1351 LYONS ROAD, COCONUT CREEK  
**954-968-0124**

Fully Licensed & Insured Company  
ID# 1400000169 | State ID# 339-230308



**TOP DOLLAR PAID GUARANTEED!!!**



**Get PROTECTED for HURRICANE SEASON ON TIME!**

*Open your windows and let the cool breeze in!*



**\$100 OFF**

**5 or More Impact Windows OR Any Impact Door**

**Windows - Doors  
Sunrooms - Shutters**

**954 797 0797**

*Call For a Free Estimate!*



**100 % FINANCING AVAILABLE**



# Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

## Belly Dance Club

By Marcia Maron

Our group is growing by leaps and bounds so... Come and join us for fun and exercise. We meet on Tuesdays at 2:30 p.m. Learn a routine while learning the art of Belly Dancing. Improve your balance, stamina, and energy level. This class is complimentary to Wynmoor residents. For location and more information please call Marcia at 516-659-3367. Have a belly good time!

.....

## Ben's Friends Art Club

By Rene Monblatt

New members are always welcome. We meet 9:00 a.m. every Saturday morning in the Art Studio. This gives you a year-round opportunity to meet new friends and get inspiration from like-minded creative colleagues. Hope to see you Saturday mornings.

.....

## Billiard & Pool Club

By Bob Horowitz

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated-billiard tables, and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all of South Florida.

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. Use of the room and tables is free to all residents. Please have your Wynmoor ID with you.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke night, comedy club night, group BBQ, Club Pool & Billiard tournaments, Couples' Round Robin tournament, and other social events.

FREE LESSONS: Put your name on the pool lesson sign-up sheet in Pool Room or email us at: Wynmoor-PoolClub@gmail.com to schedule free Pool Lessons.

.....

## Bookies

By Myrna Greenberg

The Bookies have had difficulties getting the books. We must make changes to the book selections. Please use this list for future editions. Thank you for your understanding!

On May 2nd we will be discussing the book, *West With Giraffes* by Lynda Rutledge. In addition, a speaker who has given many lectures on this book at the Broward County Library will be with us. Should be a fun afternoon! Be sure to mark your calendars!

June 6th - The book is *Water for Flowers* by Valerie Perrin.

July 11th - (holiday July 4th) The book is *Pacachinko* by Min Lin Lee.

August 1st - The book is *The Memory Keeper of Kyiv* by Erin Litteken. How do you survive when life is worth less than a handful of grain? Art depicting life and current events.

September 4th - The book is *The Stolen Lady* by Laura Morelli. A novel of World War II and the Mona Lisa.

As a reminder, BOOKIES meet the first Tuesday of the month in the Sunrise room located on the left side of the Wynmoor Theatre from 3:00-5:00 p.m. Come and satisfy your favorite pastime and enjoy discussion and laughter! Contact Myrna Greenberg 754-231-6368 or Elaine Kerzner 954-973/4545 for further assistance.

.....

## Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the theater building for any or all of our ACBL sponsored duplicate games. We have games on Tuesdays and Fridays at 12:30 p.m. (arrive 12:15). Our Wednesday evening game has been suspended during the off-season.

If you need assistance in finding a partner, reach Terry at 216-401-5739 or thamovit@yahoo.com. Other questions? Please contact David at 917-940-1552 or dmrice@mindspring.com.

.....

## Camera Club

By Nancy Landman

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs. If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse.

We are looking forward to our upcoming 2023-2024 season full of interesting presentations and creative photographs to view and review.

Yearly Membership: Individual \$10, Couple \$15.

If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com. For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

.....

## Ceramics Club

By Tamara Tresniowski

Come into our air conditioned, friendly Ceramics room. Make new friends while being creative. Our club is still open all year long so come join us, new member classes continue, come in and sign up. Our nicely air-conditioned studio is a creative, cool respite from the warmer weather that May brings. We look forward to seeing all our regular year-round friends and to making new friends as well. Come check us out and sign up for lessons. Our new member class is \$40 and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse and our new hours are Monday through Thursday from 9:00 a.m. to 12:00 p.m.

.....

## Chess Club

By Hillel Cohen

The Wynmoor Chess Club is adding a SECOND day to play. In addition to every Wednesday afternoon from 3:00 to 5:30 p.m. we will also get together every Tuesday evening from 7:00 to 9:30 p.m. Both get-togethers will take place on the Clubhouse Patio (*the Cove*), on the restaurant/BBQ side of the Patio. If you don't see us there (in case of bad weather, lack of light or crowded space), look inside Card Room I (door leads right there). All chess players at any level are welcome and no partner is needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed so come outside and play. Masks are optional. If you haven't played in a while (or even a very long while), don't worry - no one's keeping score or rankings. The point is to have a pleasant time while exercising our brain.

.....

## Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club studio is bordered by the golf course on one side and the Cove on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

.....

## Conservative Club

By Andrea Joy Frankel-Bellitto

The Conservative Club of Wynmoor will hold their meeting on Tuesday, May 16th at 7:30 p.m. in the Wynmoor Clubhouse, Ballroom "A." We are honored to have as our guest speakers, "The Crime Prevention Unit of The Coconut Creek Police Department." They will talk about what is happening in and around our community and give us some commonsense tips on how best to safe. They will also be happy to take some of your questions.

I suggest coming at 7:00 p.m. to get your refreshments and your seats.

May 29th is Memorial Day. Our heartfelt thanks to those who served and gave the ultimate sacrifice to their families. God bless all who wears the uniform to serve and protect. God bless America!

.....

## Current Events

By Susan Myers

Our group of friends in Wynmoor get together each Tuesday morning to discuss local, regional, and national events within our world.

We are now located indoors at Card Room 1 from 10:00-11:30 a.m. and we often follow our discussions with lunch in a variety of local restaurants within the Coconut Creek area.

Please join us! Call Susan Myers at 954-933-7743.

.....

# Clubs and Activities

Continued from page 47

## Democratic Club

By Bryan Casey

What are you doing on 1st Tuesday afternoons? Want to hang out with like-minded residents for a couple of hours and hear dynamic guest speaker presentations? Well, come on over to our monthly meeting on Tuesday, May 2nd at 2:00 p.m. in the Wynmoor Main Ballroom! (Doors open at 1:30 p.m.)

This month's featured guest speaker is Mr. Harold Pryor, the Florida State Attorney for Broward County. Mr. Pryor will provide an overview of the work being conducted by his office, such as scams targeting seniors, hate crimes, and personal security considerations that you should be aware of. We believe this will be a very interesting presentation and encourage you to join us and bring a friend!

Have you renewed your Club membership for 2023? Been thinking about joining but haven't pulled the plug? Well, NOW IS THE TIME! Membership dues are only \$10 per year! You can pay by cash or check (payable to Wynmoor Democratic Club) at any Club meeting.

For more information about the meeting or the Club, you may contact Steve Vajda at 305-720-5860 or send an email to admin@wynmoordemocrats.org.

## Drawing and Painting Club

By Gill Katz

The Club is open Monday and Friday mornings to club members and Wednesday afternoons from 1:00 p.m. If you are interested in joining us, please come to the Art Room situated opposite the Doctor's Room on Wednesdays.

## Fishing Club

By Suzanne Fine

Some of the World's Best Fishing is right outside your door!

The Wynmoor Fishing Club invites you to join us in going out there to get 'em. Never fished? Don't worry, we'll show you how! Call Eddie at 215-429-6138 to join. Our meetings are the third Monday of each month at 9:00 a.m. in Ballroom C. All meetings include coffee and bagels...and exaggerated fish stories!

## Fun With Friends 2

By Debbie Chait

Fun With Friends 2 is a members only Dance Club presenting some of the best LIVE BANDS performing in South Florida!

The club's 2022/2023 season is ending and our June 2023 to May 2024 season commences on June 1, 2023.

### IF YOU HAVEN'T JOINED FOR THIS SEASON

Previous members should have already received membership forms. If you were not a member or are a current member who still needs a form, please download, (using any web browser), then print and fill out the membership form available at the following website: <http://bit.ly/3y2wxMe>. Alternatively, you may email FWF2@mail.com to receive a membership form or for any additional information. Please act fast as membership is limited due to legal capacity restrictions at the Ballroom.

The first dance of the 2023/2024 season will occur on Sunday, June 25th and will feature The Reaxtion Band. The cost to attend for members is \$10 in advance and, if space is available, \$20 for non-members. Tickets sales to members will begin on June 5th. A very LIMITED number of \$20 non-member tickets MAY be available on a first come, first served basis beginning on June 13th. No tickets will be sold after June 23rd. Event registration forms will be emailed to members on June 3rd. Additional information is available by emailing FWF2@mail.com.

South Florida's Reaxtion Band will light up the Ballroom dance floor with their unique blend of Classic Rock, Pop, Latin and more. The event promises to be a high-energy affair that will leave you grooving and moving all night long.

The Reaxtion Band has been a staple of the South Florida music scene for years and has played at numerous important venues including casinos, hotels, and music festivals throughout the region. With a repertoire that spans decades and genres, the band has earned a reputation for playing the music that keeps audiences dancing all night.

Don't miss your chance to experience the Reaxtion Band – GET YOUR TICKETS TODAY!

## Hadassah

By Toby Norman

Please continue to support Hadassah by purchasing certificates or trees for any occasion from Bernice Riback. To do so, just call her at 954-984-1703. As always, your continued support is greatly appreciated.

## Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. until 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

## Monday Night Dance

By Tamara Tresniowski

May flowers are blooming and Wynmoorites are dancing. We have a great line up of lessons and a big treat at the end of the month. On May 1st Hillel Cohen will be teaching tips and tricks to improve partnering. Patty Medina will be teaching a BachaTango on May 8th. On May 15th, a gypsy evening, the dance team will be teaching a Belly Dance line dance called Ya Habibi. Our special evening is May 22nd when we will have a guest DJ, Mike Rapposelli will be guest DJ all evening. We look forward to seeing you all come in and socialize and dance this month and all summer long. Come join, membership is \$5 for the year and it is \$2 at the door each Monday in the Ballroom 6:30 - 9:30 p.m... coffee and a snack are served.

## Nature And Arts Club

By Elinor Weinstein

*You can get everything in life you want if you just help enough other people get what they want.*

The 2022-2023 season of the Nature and Arts Club ends in celebration with an outstanding speaker on Thursday, May 4th at 9:30 a.m. in Wynmoor's Ballroom A and B. Our guest speaker Gregory Dirr is an interdisciplinary visual artist, whose work got inspiration from fairy tales and the natural environment. Known for his whimsical yet classical paintings and murals, Dirr is often commissioned to create works for the public and private realms. While an artist-in-residence at BACA this year, he is working on five large scale projects. Enjoy a light breakfast at the meeting.

On Thursday, May 18th, join us on a car trip for a docent led tour to the NSU Art Museum in Fort Lauderdale from 11:00 a.m. - 12:30 p.m. The NSU Art Museum is a key part of the Art District. You can view more than 6,000 works in the museum's international collection, which has a strong focus on South Florida and Caribbean culture. Details to follow in our membership email.

Thank you to all of our members for enjoying and supporting all of the wonderful and unique speakers and trips thru out the year.

In friendship...

Nancy Moskowitz, President - [laughlady55@aol.com](mailto:laughlady55@aol.com) or 954-973-2181

## Needlework Click

By Barbara Bilello

Our Meetings for May are on Tuesday's May 9th and the 23rd. The meetings are in the West Wing from 1:00-4:00 p.m. We want to thank everyone that has donated yarn as it is greatly appreciated. We do donate what we make to various charities. If you have yarn that you don't need please call Barbara at 754-222-6375.

We have a lot of fun at our meetings. Everyone is welcome. If your new to Wynmoor and want to meet new people, please join us. There are no dues. We serve coffee, tea and yummy snacks.

Our group consists of all types of needle work and chatters. Looking forward to seeing all.

## Night Tennis

By Jo Ann Perreault

Summer weather is here, and we are less inclined to run around in the heat. The remedy for back side couch implants is Night Tennis.

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.





# You've Tried The Rest, Now Try The Best Temple Beth Am, Margate

By Linda Storfer

With the Passover holiday well behind us and finally finishing our leftovers plus Yom HaShoah (Holocaust Remembrance Day) and Ha'Zikaron (Memorial Day for the soldiers lost in the Israeli Wars) and Yom Ha'atzmaut (Israel Independence Day) we now turn our attention to the festival of Shavuot which begins at sundown with candle lighting on Thursday, May 25th. Shavuoth means "weeks" and this holiday occurs exactly seven weeks after the conclusion of Passover which occurs on the 6th day of Sivan in the Jewish calendar. It is a joyous festival during which Jews celebrate the receiving of the Torah at Mount Sinai over 3300 years ago. It is an agricultural and spiritual holiday which is celebrated for two days. In ancient times the Israelites brought their harvest of the first fruits of the season to the Temple as an offering of thanks to G-d. Some of the laws and customs of this festive holiday include going to synagogue for two days and reading the book of Ruth, the convert who followed her mother-in-law Naomi wherever Naomi journeyed, hearing the Ten Commandments recited, eating dairy meals and enjoying blintzes and yummy cheesecake, decorating our houses with beautiful spring flowers and staying up late or even all night to study Torah.

Temple Beth Am will be hosting a late-night study session led by our Senior Rabbi, Rabbi Michelle Goldsmith entitled which starts at 9:00 p.m. and will be followed by a dessert bar. This event is free and open to the entire synagogue.

There is always something for everyone in which to partake at Temple Beth Am whether it is learning, praying, having a Sabbath meal together or a social experience where our members come together to party and just unwind to have fun. On Tuesday May 3rd Rabbi Goldsmith will lead a one-time workshop on Living Wills at 7:00 p.m. to be presented on zoom and in person at the synagogue. Members can register and non-members will be charged \$5 to

attend to learn new and invaluable information about this important topic. Follow the beat to the lively DRUM CIRCLE on Sunday May 21st at 12:00 noon for a deeper spiritual and meaningful soulful experience which you will enjoy and will not forget for a long time.

Sisterhood Book Club is presenting *Rebel Daughter* on Sunday morning, May 7th at 10:00 a.m. presented by Maxine Szmulewitz, past President of Sisterhood. This emotional and impassioned saga, based on real characters is a story about family, love and resilience, set against the destruction of Jerusalem in 70C>E> when a young woman survives the unthinkable. The protagonist is torn between her family responsibilities and her own desires. Please hold the date Sunday, June 4th at 10:00 a.m. when Sisterhood will be honoring Shavie Fagan at its annual Woman of Valor Brunch and will host a brunch complete with a full array of delectable edibles including mimosas and desserts.

Our very active Men's Club is busy planning new and exciting sports events and speakers for its Men's Club Speakers series. Please check our website at [www.beth-am.org](http://www.beth-am.org) or call the office at 954-468-4545 to register for these or any events or further upcoming future programs. Our office is open daily from Monday through Thursdays from 9:00 a.m. - 5:00 p.m. and on Fridays from 9:00 a.m. - 12:00 noon. Our beautiful building is located at 7205 Royal Palm Blvd only minutes away from Wynmoor.

Mother's Day is Sunday, May 14th and we would like to wish all the mothers, grandmothers and great grandmothers out there a wonderful day. Mothers are the true backbone of families and the glue that keeps them together through good times and bad times. On May 14th, we honor them and give them special recognition they so richly deserve for all they have done and continue to do.



PLEASE PATRONIZE OUR ADVERTISERS WHENEVER POSSIBLE!



**When you are ready to SELL or BUY  
I am ready to get the job done !**

**I work here and I live here. No one  
knows your home and the association  
better than a resident.**



**Marienza E. Rivera, REALTOR®**  
Seniors Real Estate Specialist® (SRES)® • Hablo Español  
954.608.2874 • [Marienza@WynmoorVillage.com](mailto:Marienza@WynmoorVillage.com)

Ben G. Schachter, Licensed Real Estate Broker

Wynmoor Real Estate, LLC is a division of The *Signature* REAL ESTATE COMPANIES

# Clubs and Activities

Continued from page 48

## Pickleball Club

By Mayda Coombs

Where did the season go? Our seasonal friends are heading north and it seems like they just got here. They say, "time flies when you're having fun" and this season was packed full of fun. We held our monthly tournaments, The Alan Garshon Memorial Color War Games and our dinner dances, which are lots of fun. Everyone is looking forward to next season. We are always excepting new members. Dues are \$10 per person. If interested in joining, please contact Chuck Milstein at 954-366-1149.

.....

## The Wynmoor Dance Troupe & Company

By Marcia Maron

With much spirit and joy The Wynmoor Dance Troupe & Company with talented singers, dancers and the rest of us take to the stage once again in their new musical revue *Show Me The Music* in 2023. If you think you would like to take part in this production and meet your neighbors, have fun, and work hard, we need: singers, dancers, comedians, backstage hands. No experience is necessary. Please join us and call Marcia at 516-659-3367.

.....

## Women's Pool Group "The MsCues"

By Bob Horowitz

Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! This is a free event for all Pool Club members and their guests. We meet every Tuesday at 3:00 p.m. in the Pool & Billiard room. Questions: Carol cas242@hotmail.com or 978-979-1681.

.....

## Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

## Writer's Workshop

By Judy A. Weissman, PhD

Is your writing flowering? Or does it wither on the vine? Come to the Writer's Workshop, gain nourishment in the way of support, encouragement and feedback from other flourishing writers. We will meet in May in person and by Zoom. If you have any questions, contact Nancy Heller Moskowitz, Club President at laughlady55@aol.com. Please put Writer's Workshop on the subject line.

.....

## Wynmoor Ladies Golf Association

By Linda Sue Lewis

Our WLGA year-round residents wish our departing seasonal golfers an enjoyable summer and look forward to their return this coming fall and winter. Meanwhile our members will continue to enjoy the relaxing pace of summer golf here at Wynmoor. Each Tuesday morning, WLGA play features a special tournament game for both 18 hole and nine-hole golfers. Recent play included a scramble event between two evenly matched teams, the purple team versus the white team. The white team emerged victorious by just a few strokes. Another fun event was individual play using only three clubs and a putter. These tournaments provide enjoyable opportunities to socialize with this group of friendly, active women. WLGA members also join WGA and enjoy golf and social events that WGA sponsors. Come join us. For more information come to the pro shop.

.....

## Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

.....

# ISRAEL

By Linda Storfer

Are you a Wynmoor resident with children or grandchildren who have made Aliyah and live fulltime in Israel? If so, you may be interested in joining our newly formed group. We meet frequently, discuss common issues and concerns, share experiences and provide updates about daily living in Israel. If you are interested in joining us please call 412-818-6883 for more information and to find out when and where the date of our next meeting will be held.

## MIKE'S AUTO REPAIR

• FOREIGN • COMPLETE AUTO REPAIR • DOMESTIC •

SERVICING WYNMOOR RESIDENTS SINCE 1985



MIKE POVICH  
ASE MASTER TECH

A/C CHECK \$39.95 *Freon Extra	OIL CHANGE & FILTER *\$1.00 Disposal Fee Please Call For Current Prices * Up to 5 Quarts
---	---



Automotive Service Association®  
MEMBER

WE CAN DO YOUR  
SCHEDULED MAINTAINENCE  
AND SAVE YOU \$\$  
30,000 - 60,000 - 90,000 MILE  
SERVICES

MOST EXTENDED  
WARRANTIES ACCEPTED

1931-1933 MEARS PKWY. • MARGATE

(954) 973-9589



## Donald Buikus

Attorney at Law

1402 North State Road 7 • Margate, Florida

(954) 974-2704

REAL ESTATE CLOSINGS

TITLE INSURANCE, PROBATE, WILLS

### REASONABLE FEES

Real Estate Closings	\$695.00
Quit Claim Deed	\$195.00
Single Simple Will	\$150.00
Durable Power of Attorney	\$195.00
Living Will	\$ 75.00
Probate	Call for Price

Plus costs, recording fees, filing fees or title insurance premiums

The hiring of a lawyer is an important decision that should not be based solely on advertisements. Before you decide, ask us to send you free written information regarding our qualification and experience.

# Meet Your Advertiser

## PEOPLE'S CHOICE MEDICAL SUPPLIES Service, Supplies & Smiles

**W**hen asked what makes People's Choice Medical Supplies unique, co-owners Racquel Brenner and Iris Altman proclaim, "We don't just sell a product, we assist and educate our community."

Nine years ago PCMS began as the modest dream of two women who, not only wanted to own their own business, but also wanted to provide a service to their community. Since the grand opening in May of 2015, PCMS has been serving Margate and the surrounding areas. From humble beginnings, PCMS has continued to grow thanks to the continued referrals provided by individuals, doctors, nurses, care givers and care facilities they service. Many of which would agree that when you visit PCMS you're not just a customer, you're family.

You might be asking, what makes People's Choice so special? Most of their customers would say that it is owners Iris and Racquel that make it special. When you visit PCMS you are greeted by an owner who truly cares about your needs. They take the time to discuss the reason for the visit and to educate their customer on what product(s) will best serve them. No matter the issue, Racquel and Iris professionally tend to their customers while still creating a warm and comfortable atmosphere that makes their customers feel at ease. "The Girls," as they are fondly referred to by some of their long time customers will tell you, Iris and Racquel provide much more than medical supplies. They get to know their customers on a personal level. They listen to their stories in order to discover better ways to alleviate their struggles and assist them in their daily lives.

Together, these women offer over 50 years of combined medical experience, each with their own specialization. Racquel has over 30 years of orthopedic experience. Her wealth of knowledge in this area is a prime reason why medical professionals trust her to assist their patients with selecting the equipment best suited to their patients' needs. Iris has over 20 years of experience in the medical supply business and specializes in compression garments and is a certified fitter. Both are very knowledgeable in everything from wound care to incontinence and provide their customers the utmost privacy and respect.

From band-aids to hospital beds, children to the elderly and even dogs, cats and horses, they are able to assist with a broad array of medical equipment supplies. Because Iris and Racquel believe their customers come first, PCMS maintains a wide variety of inventory such as scooters, lift chairs, wheelchairs, crutches, hospital beds, and daily aid products to just to name a few. Since they are also of the opinion that a medical need should not be made to wait, together they perform all deliveries, set ups and repairs.

Their commitment to service does not end there. Racquel and Iris both believe in giving back to the community that supports them. For this reason you will regularly find one or the other performing community service seminars on safe walker use, fall prevention and compression therapy for edema or varicose veins. In addition, PCMS has proudly supported many local non-profit organizations like Toys-for-Tots and natural disaster victims by donating medical supplies to locations as far reaching as Haiti and Puerto Rico. During the Covid 19 crisis not only were they able to source many personal protections items like masks, gloves and alcohol that were sold out elsewhere but they refused to raise prices and even donated some of these items to first responders in the area.

From service and professionalism to kindness and caring, all in all it can be said that People's Choice Medical Supplies and it's owners live up to their motto; Service, Supplies and Smiles. They are the medical equipment store with a heart.

CUSHIONS • GRAB BARS • COMPRESSION • ORTHO BRACES • PEDIFIX

## People's Choice Medical Supplies

**Service, Supplies & Smiles**

*We are NOT your typical medical supply store.  
We are a Medical Boutique of the Future!*

Stocking Pediatric - Geriatric Supplies.  
Innovative, Energetic, Knowledgeable & Professional Staff  
WANTING TO SERVICE OUR COMMUNITY.

INCONTINENCE • WALKERS • LIFT CHAIRS • BLOOD PRESSURE



BIOFREEZE • CLOTHING PROTECTORS • WOUND CARE • PEDIATRICS

**We Deliver! We Do Layaway!**

**20% OFF**  
ONE ITEM.  
NEW CUSTOMERS ONLY  
OFFERS CANNOT BE COMBINED

**10% OFF**  
TOTAL PURCHASE  
OFFERS CANNOT BE COMBINED

**WE ARE OPEN - OUR HOURS ARE:  
MON.-FRI. 9:00 AM - 4:00 PM**



**Tel: 754-307-5001**  
**Fax: 754-307-5150**


**2520 North State Road 7, Margate, FL 33063**

*Serving Broward County  
for 21 years*

# Shalom Care and Ozare Care

*A Tradition of Caring for Your Loved Ones*

- Certified Nursing Assistants (CNA)
- Home Health Aides (HHA)
- Homemakers & Companions
- Flexible Hourly & 24 Hour Live-in Services



**954-747-6661**

HomecareBrowardcounty.com

All caregivers are thoroughly screened • State licensed & insured

Lic # HC 8228070

Lic # NR 3021163

Coconut Creek  
**TOUCH -A- TRUCK**



Explore a variety of local trucks and vehicles with the opportunity to climb aboard and touch.

**Saturday, May 20<sup>th</sup>**  
**10:00 AM - 1:00 PM**

Coconut Creek Butterfly Lot, 5280 NW 40th Street

**Free Admission**

[CoconutCreek.net/TouchATruck](http://CoconutCreek.net/TouchATruck)



**MEMORIAL DAY**  
 CEREMONY



**Monday**

**MAY 29<sup>th</sup> at 9:00 AM**

Veterans Park, 3550 Lyons Road

Hosted by the City of Coconut Creek and the American Legion Post 170

**FREE ADMISSION**

[CoconutCreek.net/MemorialDay](http://CoconutCreek.net/MemorialDay)



**JUNETEENTH**  
 FREEDOM DAY CELEBRATION

LIVE MUSIC / POETRY / FOOD TRUCKS

**Save the Date!**

**Friday, June 16<sup>th</sup>**  
**6:30 PM - 9:00 PM**

City Hall Courtyard, 4800 West Copans Road

**Free Admission**

[CoconutCreek.net/Juneteenth](http://CoconutCreek.net/Juneteenth)



For more information, please visit  
[CoconutCreek.net/Events](http://CoconutCreek.net/Events) or call (954) 545-6682

**GET THE LATEST CITY NEWS**



**PARKS & RECREATION**

# Let's Talk About Suicide Prevention Part II

By Diana Guerrero-Cohen, Ph.D

(Before retiring, Dr. Guerrero-Cohen was the Chief Psychologist at a large institution and responsible for suicide prevention education.)

A recent suicide at Wynmoor prompted me to write an article on Suicide Prevention for the April Insider. That article presented some facts about suicide in the United States and described common stigma and prejudices concerning suicide and mental illness. I just learned that yet another suicide by a Wynmoor neighbor has recently occurred. Education and kindness for ourselves and others will be our best tools to prevent more of these tragedies. This Part II will describe specific falsehoods, myths and misconceptions that stigmatize suicide, shape our beliefs about suicide prevention, and become a major barrier to seeking help for ourselves and others.

People who are internally struggling with a mental illness, a substance abuse problem, or are under extreme pressure might not have the effective coping skills or strong support system to prevail on their own. Debunking common myths will help us provide the understanding, compassion, and support they need.

**Myth 1: Talking about suicide or asking someone if they feel suicidal, encourages a person to attempt suicide or triggers suicide attempts.**

**Fact:** Because of the widespread stigma associated with suicide, many people are afraid and ashamed to speak about it. Talking about suicide may reduce, rather than increase, thinking about it (called suicidal ideation). Speaking openly improves the likelihood that the person will seek help and lower the risk of an impulsive, self-harming act.

Opening this conversation helps people find an alternative view of their existing circumstances, rethink their opinions, and share their story with others. It also lowers anxiety, since the seemingly unbearable stress of life problems and fears often diminishes and becomes more manageable after talking about them with others.

It may seem awkward, but simple questions about whether they have ever thought about, or are now thinking about ending their life, can start the conversation. It can also help you determine whether or not they are seriously considering suicide.

**Myth 2: People who talk about suicide or engage in self-harming behaviors are just seeking attention.**

**Fact:** Most people who die from suicide talk about their intentions before attempting suicide. They are not *crying wolf* just to get attention. They are reaching out for help because they are experiencing overwhelming emotional pain.

Suicidal thoughts can range from passing thoughts about death ("What if I just went to sleep and didn't wake up?," "I wish I had not been born," "My family will be better off without me") to specific plans about suicide ("I'm going to kill myself."). Passing thoughts of suicide can escalate if ignored and not addressed.

Potentially suicidal people may also express feeling disconnected from others, trapped in an intolerable situation, feeling like a burden to others, and not seeing a future.

It's always important to take seriously anybody who talks about feeling suicidal and respond in a manner that is nonjudgmental, kind, sensitive, and receptive. Ask direct questions such as: "Are you thinking about hurting yourself?" "Are you thinking about suicide?" or "Do you have access to weapons or things that can be used as weapons to harm yourself?"

All suicide attempts must be treated as though the person has the intent to die. It is likely the person has tried to gain attention and, therefore, this attention is needed. The attention they get may well save their lives.

**Myth 3: Suicide cannot be prevented. There is really nothing you can do to help people who are determined to take their own life.**

**Fact: Suicide is preventable!** Most people who are suicidal are **AMBIVALENT** about dying and are highly conflicted between death and the wish to be rescued. They are often experiencing intense emotional pain and hopelessness; have a negative view of life and their futures; and consider suicide as the only solution to stop their despair and suffering.

A large percentage of the people who call a suicide hotline have already begun to change their mind.

**Myth 4: People who take their own lives are selfish, cowards or weak.**

**Fact:** Suicide is a tragic human behavior. Typically, people do not die by suicide because they do not want to live—people die by suicide because they want to end their suffering.

People who attempt or die of suicide often experience such unbearable emotional pain and agony, that they feel helpless and hopeless. Their profound despair may be caused by multiple factors and problems all of us face at one time or another: family or relationship conflicts, financial or legal/criminal problems, coping with a debilitating or painful illness. Loss of a loved

one, a job, or a home can trigger desperation, as can public shaming and humiliation, trauma from physical or sexual abuse, rejection, and other crises resulting in an uncertain and unknown future. When these stressors are exacerbated by substance abuse or by mental illness such as depression, anxiety, bipolar disorder, or schizophrenia, usual coping skills become inefficient, and judgment is impaired. An individual in crisis, experiencing great anxiety and pressure, finds it difficult to consider different views or see a way out of their situation, mistakenly leading to suicide as the only solution.

**Myth 5: Suicide attempts or deaths happen suddenly, without warning.**

**Fact:** It is a fact that many suicides have been prevented in high-risk environments for depression and suicide, such as in prison, thanks to alert and attentive staff who have identified signs of suicide and have immediately followed up with proper notification and preventive steps.

Most suicidal individuals plan their suicide attempt in advance and give clues, which can be expressed verbally or behaviorally. They may only show warning signs to those closest to them. These loved ones may not recognize the warning signs and often say the suicidal intention was hidden from them.

Here are some common **WARNING SIGNS AND RED FLAGS:**

- Talking about death and suicide directly or in vague terms (e.g., "I'm going to kill myself," "I wish I were dead," "I wish I hadn't been born," "I'm a burden on my family, they'll be better off if I die").
- Frequent expressions of strong guilt, shame, unworthiness and/or failure.
- Getting the means for suicide, such as buying a gun or stockpiling pills.
- Withdrawing from friends and family; dropping out of group activities and wanting to be left alone.
- Mood swings, frequent irritability, or unexplained crying.
- Hopelessness / Helplessness: Feeling trapped, expressing extreme pessimism or no faith in the future.
- Increased use of alcohol or drugs.
- Drastically changing normal routines, such as eating or sleeping patterns.
- Doing risky or self-destructive things, such as using drugs or driving recklessly.
- Self-injury: Most people who harm their bodies on purpose, such as by cutting, burning, or hitting themselves, do so as a harmful way to cope with emotional pain, sadness, anger and stress. While self-injury may bring a brief sense of calm and a release of physical and emotional tension, it's usually followed by guilt and shame and the return of painful emotions. Therefore, although self-injury is not usually a suicide attempt, it can increase the risk of suicide because of the emotional problems that trigger self-injury.
- Giving away prized possessions, making a will or other final arrangements, when there is no other logical explanation for doing this.
- Saying goodbye to people, as if they won't be seen again.
- Noticeable personality changes such as nervousness, severe anxiety, agitation, outbursts of anger, impulsive or reckless behavior, or apathy about appearance or health.
- A sudden lifting of spirits, following any of the above, might mean they have decided, and plan to end the suffering by suicide.

**Myth 7: Talk therapy and medications don't work.**

**Fact:** One of the best ways to prevent suicide is by getting treatment for mental illnesses, such as depression, bipolar illness or substance abuse, and learning ways to cope with problems.

**Myth 8: Suicide only affects individuals with a mental health condition.**

**Fact:** Many individuals with mental illness are not affected by suicidal thoughts, and not all people who attempt or die by suicide have mental illness. Relationship problems and many other life stressors are also associated with suicidal thoughts and attempts.

**Myth 9: Once an individual is suicidal, he or she will always remain suicidal.**

**Fact:** Active suicidal ideation and suicidal impulses are often brief, short-term and situation-specific. Most suicidal people have mixed feelings about dying. The act of suicide is often an attempt to control deep, painful emotions and thoughts an individual is experiencing. Immediate practical help such as staying with the person, encouraging them to talk and helping them build plans for the future can avert the desire to die by

suicide. Such immediate help is valuable at a time of crisis, but appropriate counseling will then be required. Given the proper assistance and support, they will probably recover and continue to lead meaningful and successful lives.

**Myth 10: There is a typical profile for a person who may attempt suicide.**

**Fact:** Suicide can affect anyone regardless of age, gender, race, ethnicity, and socio-economic status. However, predisposing conditions, such as depression, mental illness, and substance abuse, makes a person more likely to attempt suicide.

**Myth 11: People who try to kill themselves are crazy, irrational, or insane.**

**Fact:** Although people thinking about suicide are likely to be extremely unhappy and some are also struggling with depression or a condition which requires professional help, most people have fairly understandable reasons and life circumstances that contribute to their reason for feeling suicidal.

**Myth 12: When a person who has been depressed and has made a suicide attempt shows a marked and sudden mood improvement, it means the suicide risk is over.**

**Fact:** Often times, the opposite may be true. Spirits lift once the person has made up their mind to complete suicide and they have their plan in place. The person has made a firm decision to die by suicide and feels as if a large burden has been lifted off of them.

**Myth 13: There is little correlation between alcohol or drug abuse and suicide.**

**Fact:** Drugs and alcohol abuse decrease a person's inhibitions, impair judgment, and increase a person's impulsivity, thereby increasing a person's risk of suicide.

**Myth 14: People who attempt suicide and survive will never make further attempts.**

**Fact:** A suicide attempt is regarded as an indicator of further attempts. It is likely that the level of danger will increase with each suicide attempt.

**Myth 15: Suicide is hereditary.**

**Fact:** Although suicide can be over-represented in families, suicidal tendencies are not genetically inherited.

**Myth 16: Suicide is painless.**

**Fact:** Many suicide methods are very painful. Fictional portrayals of suicide do not usually include the reality of the pain.

**Myth 17: The only effective intervention for suicide comes from professional psychotherapists with extensive experience in the area.**

**Fact:** All people who interact with individuals in crisis can help them with emotional support and encouragement. Psychotherapeutic interventions also rely heavily on family, and friends providing a network of support. Often a family member or friend has to encourage someone to seek professional help.

**Myth 18: People thinking about suicide are always angry when someone intervenes, and they will resent that person afterwards.**

**Fact:** While it is common for people to be defensive and resist help at first, these behaviors are often barriers imposed to test how much people really care and are prepared to help. For most individuals considering suicide, it is a relief to have someone genuinely care about them. Being able to share the emotional burden of their plight with another person provides hope to the suicidal individual. When questioned some time later, the vast majority express gratitude for the intervention.

**Myth 19: Every death is preventable.**

**Fact:** Although most suicides are preventable, not all are. Sometimes the warning signs are too well hidden, or the person is too determined. While it is natural for a loved one to feel guilty, suicide is always the responsibility of the person doing it and not the fault of the loved one.

**Myth 20: Young people never think about suicide because they have their entire life ahead of them.**

**Fact:** Suicide does occur among young people. It is the second leading cause of death for people ages 15-24. One of the problems is that the young person may talk about it or threaten it, but their friends and family don't take what they say seriously.

**\*\*\*If you are experiencing mental health-related distress or are worried about a loved one who may need crisis support:**

**Call or text the 988 Suicide and Crisis Lifeline.**

**Chat at [988lifeline.org](https://www.988lifeline.org)**

**988 is confidential, free, and available 24/7/365.**

# Puzzles and Games

Solutions from page 30

## Crossword Puzzle

B	A	L	D		C	U	S	P		S	T	A	L	E
A	R	E	A		U	N	T	O		M	A	J	O	R
N	U	N	N	E	R	I	E	S		E	L	A	T	E
D	I	S	C	O		S	E	T	T	L	E	R	S	
					E	S	T	O	P	P	E	L	S	
F	A	S	H	I	O	N		A	N	Y		P	E	R
R	E	C	A	N	T		M	I	D		F	A	R	E
O	R	A	L		A	B	O	D	E		E	R	A	S
S	I	L	L		L	I	D		R	E	C	A	S	T
T	E	E		P	I	G		B	E	M	U	S	E	S
					C	A	T	A	M	A	R	A	N	
					D	A	I	R	Y	M	A	N		I
H	O	R	D	E		I	N	D	E	L	I	B	L	Y
A	L	I	E	N		E	G	I	S		T	R	A	M
S	T	A	R	T		S	O	T	S		Y	O	R	E

## Transportation

C	D	E	L	S	K	T	Y	L	E	M	A	C	M
V	A	N	L	C	N	A	E	G	S	K	T	S	O
E	H	N	U	E	C	O	A	K	O	T	E	A	T
W	N	R	O	H	V	I	W	E	C	D	I	B	O
A	T	T	E	R	A	S	M	A	O	G	I	R	C
H	A	R	R	R	N	C	T	L	O	O	R	C	C
S	O	B	A	A	A	O	B	O	N	B	Y	Y	C
K	B	C	M	L	M	R	G	D	R	R	I	C	C
C	S	K	A	T	E	B	O	A	R	D	T	L	L
I	A	T	E	L	B	L	U	E	W	F	N	E	E
R	O	J	L	L	A	L	F	S	A	P	I	H	S
R	M	O	P	E	D	A	T	R	P	L	A	N	E
L	R	E	T	O	O	C	S	M	H	O	R	S	E
E	T	U	H	C	A	R	A	P	P	O	T	O	N

The hidden transportation method is: HOT AIR BALLOON

## Sudoku

2	3	7	6	9	4	8	1	5
6	5	8	1	3	7	2	9	4
4	9	1	2	5	8	6	3	7
8	6	3	9	7	5	4	2	1
5	7	4	8	1	2	3	6	9
9	1	2	3	4	6	5	7	8
1	8	9	4	2	3	7	5	6
3	4	5	7	6	1	9	8	2
7	2	6	5	8	9	1	4	3

## Binox

○	×	×	○	○	×
×	○	○	×	○	×
×	×	○	○	×	○
○	○	×	×	○	×
×	○	○	×	×	○
○	×	×	○	×	○



### Apartment/Pet Sitter Available

Condo owner selling after the 2023 season. Looking to work as an apartment sitter for traveling Wynmoor residents throughout the coming year. I have worked as a house sitter and pet sitter and can provide references upon request.

My mother is in a local assisted living facility and I wish to be nearby.

Contact Debbie 917-749-7871.

**CALLING IN YOUR GUESTS AHEAD OF TIME, WILL ALLEVIATE LONG LINES AT THE GATES!**

### Commercial Vans, Trucks, etc.

Are **NOT** permitted to park overnight on Wynmoor property.

## FOR SALE

Single Plot in the Garden of Solomon  
Star of David - Baily Road - Margate FL

Privately asking **\$3500.00**  
land only



Different views of the plot for sale in the Garden of Solomon, 5-238

Once the property is sold I will sign a quitclaim and affidavit form and Star of David (Dignity Memorial) will process the proper paperwork to show the recipient's ownership.

**Serious Buyers, Please Call Richard**  
**954-242-3429**

# Proudly Serving Wynmoor for Over 35 Years!

SERVING SOUTH FLORIDA FOR OVER **45** YEARS

## JASON'S CARPET & TILE

QUALITY FLOORING & INSTALLATIONS

BUY FLOORING DIRECT!  
SAVE UP TO **50%**

### HUGE SAVINGS ON ALL TYPES OF FLOORING!

WOOD  
MARBLE  
TILE  
CARPET  
VINYL  
LAMINATE



# MOHAWK



## EVERY MAJOR BRAND OF FLOOR COVERING

### SAVE TIME & MONEY!

*We already know your measurements.*

**Call today for a FREE quote!**

# (954) 973-4990

- FREE Upgraded Padding\*
- No Charge for Carpet Removal\*
- Financing up to 18 months deferred interest\*

\*Free upgraded padding and carpet removal with purchase of new flooring. Financing subject to credit approval.



**VISIT OUR EXPANDED NEW SHOWROOM OR SCHEDULE AN APPOINTMENT TO SHOP AT HOME**  
Monday thru Saturday 9:00 am to 5:00 pm • Evenings by Appointment  
1739 Banks Road • Margate, Florida 33063 • [www.jasonscarpentandtile.com](http://www.jasonscarpentandtile.com)



Wendy Peck and  
 Daughter  
 Cheryl Stein  
 Mother

*Wynmoor's Daughter & Resident Mother Real Estate Team*

**#1 RANKED REAL ESTATE TEAM in WYNMOOR**

## SALES ARE SPRINGING UP

WITH THE WYNMOOR MOTHER & DAUGHTER TEAM

### UNDER CONTRACT

1701 Andros • Penthouse, Inside Washer/Dryer, Evergreen	\$219,000
1905 Bermuda • Corner, Water View, Updated Kitchen	\$169,000
3502 Bimini • "Luxury," Water View, Inside Washer/Dryer	\$193,000
2903 Victoria • Updated Kitchen, No Carpet, Water View	\$139,000

### SOLD

2502 Antigua • Water View, Original • Listed @ \$159,000, Sold @ 155,000
1803 Eleuthera • Original, Fixer Upper • Listed @ \$150,000, Sold @ \$144,000
1804 Eleuthera • Inside Washer/Dryer • Listed @ \$175,000, Sold @ \$163,500

HIGHEST SOLD BY THE "WYNMOOR MOTHER & DAUGHTER TEAM"  
 3502 BIMINI \$350,000

SEE ALL FLOOR PLANS & CONDO APPLICATIONS AT  
[www.WynmoorCountryClub.com](http://www.WynmoorCountryClub.com)

PLAN ON RENTING YOUR CONDO THIS SEASON?  
 LET THE WYNMOOR MOTHER/DAUGHTER TEAM KNOW. WE HAVE A LIST OF  
 OVER 20 POTENTIAL CLIENTS INTERESTED IN RENTING YOUR PLACE.



*Don't Make a Move Without Us!*



Wendy Peck  
 WendyPeckRealtor@att.net  
 954-695-1131

Cheryl Stein  
 WynmoorRealtor@gmail.com  
 954-675-3700

[www.WynmoorCountryClub.com](http://www.WynmoorCountryClub.com)



**OUR HONORS:** RE/MAX 100% Club 2022, RE/MAX Hall of Fame,  
 2022 RE/MAX Executive Club Award for Outstanding Performance  
 Award-Winning Multi-Million Producer in Wynmoor

WYNMOOR HOME BASED BUSINESS  
 4701 MARTINIQUE DR C4  
 LICENSE ID 1700000107